



May Focus: During May we honor mothers, but our girls will one day grow into the mothers of our grandchildren. As the dad of these girls, our behavior influences the mothers they will grow into to be. A dad is a daughter's first love.

### 1. A daughter needs you to be involved.

A daughter needs her father to be actively interested in her life. "Actively interested" means participating in his daughter's hobbies and activities. Show your daughter that you are interested in her life. **How involved are you with your daughters? Does your daughter know you care?**

### 2. A daughter needs you to demonstrate a healthy marriage or healthy relationships.

The first relationship a daughter experiences is the one between her mother and father. If her father disrespects his wife with physical or emotional abuse, a daughter might come to believe that is the expected relationship with a husband. However, a father that displays physical affection, respect, and a true partnership with his wife/partner provides an incredible example that his daughter will want to mirror in her own life. **What does your relationship with the mother of your daughter demonstrate to her when she thinks about marrying the man of her dreams?**

### 3. A daughter needs you to support her.

Even though a father may not always agree with his daughter, she needs to know you will support her. When a father fully and wholeheartedly supports his daughter, she will develop strong self-esteem and a positive self-image. This doesn't mean that you always need to agree with her but show her that while you might not agree with a choice she is making, you will always believe in her as a person and have confidence in her abilities. **How did you handle your daughter when she thought you did not understand her? How is she growing into the young later you want her to become?**

### 4. A daughter needs to trust you as a confidante.

When your daughter does come to you and discusses personal issues and problems, she needs to know that you will treat them with respect and confidence. They shouldn't become dinner-table conversation with the rest of the family. **When is the last time you had that heart to heart with her?**

### 5. A daughter needs your unconditional love.

Unconditional love requires that a daughter knows no matter how badly she messes up, her father will be there, not to ridicule and demean but to forgive. **Messing up... How did you handle it?**

### 7. A daughter needs a positive role model.

Her father sets the standard for all other men in her life, and a positive role model will help her choose a good husband in the future. **You are that role model, what a responsibility. What are your most successful strategies to be the role model she deserves?**



You children deserve you to be their hero, they are counting on you.