

Marion County Heroin/Opioid Resource Guide



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More than 64,000
Americans died from a
drug overdose in 2016.

www.mcchildrensalliance.org

BARRETT, LINER & COMPANY

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Welcome

Everyone has heard that there is a national crisis: Heroin/Opioid Abuse. The number of those impacted are numbing. 42,000 deaths in the United States in 2016. 4,700 deaths in Florida in 2016. 98 deaths in Marion County in 2016 and possibly as many as 160 deaths in 2017.

Beyond the numbers are the families that are destroyed; the crimes that are committed, the sons and daughters, fathers and mothers that are dead. What can we in Marion County do to affect this crisis?

The Heroin/Opioid Task Force is our community's response to this growing epidemic. It is part of the Community Council Against Substance Abuse (CCASA) which is a workgroup of the Marion County Children's Alliance. Founded in May 2017, the Task Force has already initiated activities that should make a difference. These include:

- 1) Establishment of four subcommittees that bring together all the organizations required for any success (Law Enforcement, Healthcare, Treatment and Education/Prevention).
- 2) The Centers is providing Narcan free to families, churches, businesses and anyone that might come in contact with overdose victims. Narcan can immediately reverse the symptoms of a heroin/opioid overdose.
- 3) An Amnesty Program has been instituted by Ocala Police Department to assist addicts begin treatment rather than going to jail.
- 4) The Navigator position has been funded by the Marion County Hospital District and will be available to assist willing individuals with opioid issues find appropriate treatment programs.

These are just some of the activities of the Task Force. In addition, hopefully the State of Florida and the federal government will be providing funding for additional treatment and prevention initiatives.

This behavioral resource guide is another project of the Task Force. Our intention is to provide readers with information that will be helpful as one might be called on to interact with someone struggling with opioid use. It gives you ways to connect with experts in the field, how to determine if someone is using opioids and what to do in an emergency.

This crisis will not disappear any time soon, and we, as a community, must be part of the solution.

SAVING ONE LIFE IS A WORTHY UNDERTAKING.

If you would like to help, consider attending the quarterly Task Force meetings held at the Ocala Police Department or join a task force subcommittee. Visit mcchildrensalliance.org/blog/events/ for meeting dates. Visit mcchildrensalliance.org/blog/ccasa/ for Task Force updates. For more information contact Marion County Children's Alliance at 352-438-5990.

Sincerely,
Mike Jordan, MD
Executive Director
Marion County Children's Alliance



SUBSTANCE USE AND IT'S CONSEQUENCES

According to the National Center for Health Statistics at the Centers for Disease Control and Prevention, (CDC) more than 64,000 Americans died from drug overdose deaths, making overdose the leading cause of accidental death in 2016. Substance abuse and addiction are the cause of significant public health and safety concerns in Florida. These persistent challenges require a bold and comprehensive response.

Addiction overdoses and deaths involving prescription drug use, especially narcotic pain relievers, have reached epidemic proportions in Florida over the last decade. As heroin and fentanyl have had a resurgence in our nation, Florida is no exception with 952 heroin-related deaths, 1,390 fentanyl-related deaths and 965 fentanyl analog-related deaths in 2016


(Florida Medical Examiner).

The Drugs Identified in Deceased Persons by Florida Medical Examiners 2016 Report illustrates that prescription drugs including benzodiazepines, carisoprodol, zolpidem, and all opioids excluding heroin and fentanyl analogs, continued to be found more often than drugs, both as the cause of death and present at death.

The prescription opioid drug abuse problem as manifested in the increasing occurrence in deaths between 2006 and 2010 was

stanching because of the Pill Mill Initiative which in part, targeted unscrupulous prescribers, and resulted in decreasing occurrences of prescription opioids in the deceased between 2011 and 2014.

However, for those not obtaining addiction treatment in the face of reduced access to prescription opioids, the opioid addicted turned to other substances such as heroin, illicit fentanyl, and other psychoactive substances created to mimic the effects of controlled substances. Consequently, occurrences of heroin, fentanyl and other opioid-related substances in the deceased have increased dramatically, even as occurrences of prescription opioids were decreasing. The availability and the relative cost of heroin, and the use of illicit fentanyl or fentanyl analogs as an adulterant to heroin have exacerbated the opioid problem in Florida, from overdose emergency room visits to deaths.



Nearly 1 in 5 teens have used prescription drugs in their lifetime to get high.

WHO IS AT RISK?

WHO IS AT RISK? Anyone who uses opioids for long-term management of chronic illness like cancer or chronic pain is at risk for opioid overdose, as are persons who use heroin. Others at risk include persons who are:

- Receiving rotating opioid medication regimens (and thus are at risk for incomplete cross tolerance).
- Discharged from emergency medical care following opioid intoxication or poisoning.
- At high risk for overdose because of a legitimate medical need for analgesia, coupled with a suspected or confirmed substance use disorder, or non-medical use of prescription or illicit opioids.
- Completing mandatory opioid detoxification or abstinent for a period of time (and presumably with reduced opioid tolerance and high risk of relapse to opioid use).
- Recently released from incarceration and who have a history of opioid use disorder (and presumably have reduced opioid tolerance and high risk of relapse to opioid use).



Trends indicate the increase in opioid related deaths appears to be driven by fentanyl products.

Tolerance develops when someone uses an opioid drug regularly, so that their body becomes accustomed to the drug and needs a larger or more frequent dose to continue to experience the same effect.

Loss of tolerance occurs when someone stops taking an opioid after long-term use. When someone loses tolerance and then takes the opioid drug

again, they can experience serious adverse effects, including overdose, even if they take an amount that caused them no problem in the past.

EARLY SIGNS OF ADDICTION

- Repeated irrational explanations for not having money.
- Frequent illness (flu like symptoms).
- Secretive behavior (lying, concealing behaviors, unknown whereabouts, etc.).
- Sudden shifts in mood, attitude, or motivation.
- Consistently late and appearing agitated and rushed.
- Sudden poor performance/attendance at work or school.
- Constant state of perceived crisis.
- Repeated, brief disappearances during a short period of time (bathroom trips, trips out to the car, etc.).
- Isolation and avoidance of loved ones.
- A sudden, unexplained increase in spending.



Effective February 6, 2018: If a citizen calls the Ocala Police Department (OPD), approaches an officer or agency member, or walks into the OPD lobby asking for assistance in receiving treatment for their addiction, OPD will take custody of any drugs and paraphernalia and will not file criminal charges.

Through partnerships established with The Centers and Perspectives, the person will be guaranteed treatment and OPD will transport them immediately to begin the process.

Amnesty does not apply if an officer comes in contact with a person in possession of drugs who has not contacted OPD first, asking for help.

For more information on the Amnesty Program contact the Ocala Police Department located at 432 S. Pine Ave.; Ocala FL 34471; (352) 369-7000.

OPIOID EDUCATION 101

MEDICATION ASSISTED TREATMENT

Medication-assisted treatment is one way to help those with opioid addiction recover their lives. There are three equally important parts to this form of treatment: medication, counseling, and support from family and friends. These three parts work together to help people recover.

Methadone is an opioid used to treat moderate to severe pain and as maintenance therapy or to help with tapering in people with opiate dependence, mainly heroin.

Buprenorphine is used in medication assisted treatment (MAT) to help people reduce or quit their use of heroin or other opiates. It is sold under the brand name of Subutex and if it is combined with Naloxone it is called Suboxone or Zubsolv.

Vivitrol (Naltrexone) is a medication used in the treatment of opioid and alcohol dependence. It can be given as an injection and its effects last one month. It acts by blocking the opioid receptors in the brain so that the individual has no interest or need to use opioids or heroin.

WHAT IS NALOXONE?

Naloxone (Narcan) is an antidote to opioid overdose. It is an opioid antagonist that is used to reverse the effects of opioids. Naloxone works by blocking opiate receptor sites. It is not effective in treating overdoses of benzodiazepine (such as Valium, Xanax, or Klonopin), barbiturates (Seconal or Fiorinal), clonidine, Elavil, GHB, or ketamine. It also is not effective in treating overdoses of stimulants such as cocaine and amphetamines (including methamphetamine and Ecstasy). However, if opioids are taken in combination with other sedatives or stimulants, naloxone may be helpful.

To obtain Narcan for **FREE** contact The Centers at (352) 291-5593.



The opium poppy is the source for morphine and codeine.

OVERDOSE SIGNS/SYMPTOMS

- Incoherent speech or thought processes.
- Presence of pills or syringes.
- Extreme sleepiness, inability to awaken verbally or upon a sternum rub.
- Breathing problems that can range from slow to shallow breathing in a patient that cannot be awakened.
- Extremely small “pinpoint” pupils.
- Slow heartbeat and/or low blood pressure.
- Choking sounds or snoring - like gurgling.
- For lighter skinned people, the skin tone turns bluish purple, for darker skinned people, it turns grayish or ashen.
- Fingernails or lips turning blue/purplish black.

IF YOU SUSPECT AN OVERDOSE CALL 911 IMMEDIATELY!



HOW DOES AN OVERDOSE OCCUR?

Opioid overdose can occur when a patient misunderstands the directions for use, accidentally takes an extra dose, or deliberately misuses a prescription opioid or an illicit drug such as heroin. Use of illicit drugs is extremely dangerous because the potency of the drug is not known and it frequently is mixed with even more lethal drugs such as fentanyl.

Also at risk is the person who takes opioid medications prescribed for someone else, as is the individual who combines opioids, prescribed or illicit, with alcohol, certain other medications, and even some over-the-counter products that depress breathing, heart rate, and other functions of the central nervous system.

HOW TO PREVENT AN OVERDOSE

- Take medicine only if it has been prescribed to you by your doctor.
- Do not take more medicine or take it more often than instructed.
- Call a doctor if your pain gets worse.
- Never mix pain medicines with alcohol, sleeping pills, or any illicit substance.
- Store your medicine in a safe place where children or pets cannot reach it.
- Learn the signs of overdose and how to use naloxone to keep it from becoming fatal.
- Teach your family and friends how to respond to an overdose.
- Dispose of unused medication properly.



Marion County Opiate Line (352) 877-2740

Text or call **24/7 for real time help** with concerns about a friend or loved one and need support in getting them help.

This innovative and unique service will help us create a healthier community in Marion County.

Opiate Line - (352) 877-2740



THE HOURS IMMEDIATELY
AFTER AN OVERDOSE ARE
MEDICALLY RISKY, BUT
THEY ALSO PRESENT A
UNIQUE OPPORTUNITY.

“To Serve” The Navigator...

MARION COUNTY has experienced a dramatic increase in deaths caused by opioids. There were 17 deaths in 2015, 98 deaths in 2016, and an estimated 160 deaths in 2017 (Fifth Circuit Medical Examiner’s Office). The hours immediately after an overdose are medically risky, but they also present a unique opportunity.

Marion County Heroin/Opioid Task Force has employed a “Navigator”, to serve individuals suffering from opioid misuse that are being released from Marion County hospital emergency rooms after overdosing.

The emergency room is not the only critical point of potential intervention to reduce the risk of drug-related deaths and to promote addiction recovery. For persons with a history of addiction, the days and weeks immediately following release from a correctional facility, release from an inpatient or residential detoxification/treatment program without medication

support, or cessation of medication-assisted treatment, and even transfer from one medication-assisted treatment provider to another all constitute a zone of heightened risk for re-initiation of risky drug use and death. The Navigator will work with these individuals.

Navigator will also work with individuals that are being released from the Marion County Jail with a history of opioid misuse or are connected to the Marion County Drug Court.

The program will also accept referrals from the community at large to create an intercept prior to involvement in the criminal justice system or an overdose.

For more information contact Phil O’ Day at the Marion County Children’s Alliance 352-843-1095 or by email: phil@mcchildrensalliance.org.

RECOVERING FROM OPIOID OVERDOSE

Survivors of opioid overdose have experienced a life-changing and traumatic event. They have had to deal with the emotional consequences of overdosing, which can involve embarrassment, guilt, anger, and gratitude, all accompanied by the discomfort of opioid withdrawal. Most need the support of family and friends to take the next steps toward recovery.

While many factors can contribute to opioid overdose, it is almost always an accident. Moreover, the underlying problem that led to opioid use—most often pain or substance use disorder—still exists and continues to require attention.

Moreover, the individual who has experienced an overdose is not the only one who has endured a traumatic event. Family members often feel judged or inadequate because they could not prevent the overdose. It is important for family members to work together to help the overdose survivor obtain the help that he or she needs.

FINDING A NETWORK OF SUPPORT

As with any disease, it is not a sign of weakness to admit that a person or a family cannot deal with the trauma of overdose without help. It takes real courage to reach out to others for support and to connect with members of the community to get help.

Health care providers, including those who specialize in treating substance use disorders, can provide structured, therapeutic support and feedback. If the survivor's underlying problem is pain, referral to a pain specialist may be in order. If it is addiction, the patient should be referred to an addiction specialist for assessment and treatment, either by a physician specializing in the treatment of opioid addiction, in a residential treatment program, or in a federally certified Opioid Treatment Program (OTP). In each case, counseling can help the individual manage his or her problems in a healthier way. Choosing the path to recovery can be a dynamic and challenging process, but there are ways to help.

In addition to receiving support from family and friends, overdose survivors can access a variety of community-based organizations and institutions, such as:

- Health care and behavioral health providers.
- Peer-to-peer recovery support groups such as Narcotics Anonymous.
- Faith-based organizations.
- Educational institutions.
- Neighborhood groups.
- Government agencies.
- Family and community support programs.

Detox, Outpatient and Inpatient Treatment

Camelot Community Care, Inc.,

1601 NE 25th Avenue
Ocala, FL 34470
(352) 671-7884

www.camelotcarecenters.com.

Services: Outpatient or partial hospitalization for children.

Drug & Rehabilitation Facility

10601 US 441
Leesburg, FL 34788
(352) 745-3438

www.drugrehableesburg.com

Services: Crisis, detox, inpatient and outpatient for adults.

Guest House Ocala, Inc.,

3230 NE 55th Avenue
Silver Springs, FL 34489
(855) 483-7800

www.theguesthouseocala.com

Services: Adult residential detoxification and outpatient.

Harmony Hills

18301 Boys Ranch Road
Altoona, FL 33460
(352) 308-3251

www.hhills.com

Services: Inpatient and intensive outpatient treatment, for adults 18 years and older.

Integration and Healing Center

108 N Magnolia Avenue, Suite 216
Ocala, FL 34478
(352) 209-5042

<http://chenora18.wixsite.com/therapeuticservices>

Services: Counseling, life couch, case management, group therapy.

Life Stream Behavioral Center

2020 Tally Road
Leesburg, FL 34748
24 Hr. Access/Crisis Line
(866) 355-9394

www.lsbcb.net

Services: Crisis, detox, inpatient and outpatient for adults and children.

Mending Fences, LLC,

15530 W. Hwy 326
Morrison, FL 32668
(352) 528-1300

www.mendingfences.com

Services: Adult residential and intensive outpatient.

Meridian Behavioral Healthcare, Inc.

4300 SW 13th Street
Gainesville, FL 32608
(800) 330-5615

www.mbhci.org

Services: Crisis, detox, inpatient and outpatient for adults and children.

Metro Treatment of Florida

216 NE First Avenue
Ocala, FL 34470
(352) 732-6565

www.methadonecenters.com/methadone-centers/quad-county-treatment-center-2/

Services: Methadone maintenance and treatment.

Options of Marion County

2320 NE 2nd Street
Ocala, FL 34471
(352) 690-6030

www.addicted.org/directory/item/options-of-marion-county

Services: Adult outpatient treatment.

Detox, Outpatient and Inpatient Treatment

ORCA, Inc.

(Opiate Recovery Center Associates)
2601 SE Lake Weir Avenue
Ocala, FL 34471
(352) 351-0867
www.orcaocala.com

Services: Outpatient for adults.

Perspectives II

818 E Silver Springs Blvd.
Ocala, FL 34470
(352) 622-3745
www.perspectives2.com

Services: Crisis intervention, detox, adult and adolescent intensive outpatient treatment.

Phoenix House

15681 N. US Highway 301
Citra, FL 32113
(866) 488-2246
www.phoenixhouse.org

Services: Outpatient and in patient for children and adults.

Regional General Hospital

125 SW 7th Street
Williston, FL 32696
(352) 528-2801
www.regionalgeneral.com

Services: Detox center for adults.

SID Martin Bridge House

4300 SW 13th Street
Gainesville, FL 32608
(352) 374-5600
www.mbhci.org/treatment-and-service/rehabilitation-services/sid-martin-bridgehouse/

Services: Crisis, detox, and inpatient to adults.

Detox, Outpatient and Inpatient Treatment

The Centers (Citrus & Marion)

5664 SW 60th Avenue
Ocala, FL 34474
(352) 291-5555
www.thecenters.us

Services: Crisis, detox, inpatient and outpatient to adults and children.

The Refuge, A Healing Place

14835 SE 85th Street
Ocklawaha, FL 32179
(352) 288-3333
www.therefuge-ahealingplace.com

Services: Adult residential detoxification and intensive outpatient.

The Vines Hospital

3130 SW 27th Avenue
Ocala, FL 34471
(866) 671-3130
www.thevineshospital.com

Services: Crisis, detox, inpatient and outpatient for adults. Residential female adolescents program from middle-school up to 18 years of age.

UF Health Florida Recovery Center

4001 SW 13th Street
Gainesville, FL 32608
(352) 265-4372
Toll Free: (888) 391-7181
www.ufhealth.org

Services: Crisis, detox, inpatient and outpatient to adults.

Counseling

Chrysalis Center, Inc.

1515 E. Silver Springs Blvd.
Ocala, FL 34470
(352) 205-4788

Services: Counseling for adult and children.

Christian Counseling Associates

1520 NE 14th Street
Ocala, FL 34470
(352) 622-6292

www.marionbaptist.com

Clarice Rutenber, LMHC, CAP

Pathways Counseling
2760 SE 17th Street, Suite 300
Ocala, FL 34471
(352) 812-2257

Services: Christian counseling, equine assisted psychotherapist, certified EMDR therapist.

Comprehensive Addictions Treatment

Services (CATS of Ocala)

730 SE Osceola Avenue
Ocala, FL 34471
(352) 732-2287

www.catsofocala.com

Services: Outpatient counseling for adults.

Dr. Joanne Cornell-Ohlman, PhD, PA (Child Psychologist)

3021 SW 27th Avenue
Ocala, FL 34471
(352) 237-3440

www.drjoanneocala.com

Faithfully Guided

1541 SW First Avenue, Suite 102
Ocala, FL 34471
(352) 512-0631

www.faithfullyguided.org

Services: Pastoral counseling & education.

Haven Counseling & Wellness, Inc.

2609 SW 33rd Street, Unit 101-1
Ocala, FL 34471
(352) 775-0941

Services: Mental health and substance abuse outpatient for adults.

Ignite Counseling & Resource Center

3318 E. Silver Springs Blvd.
Ocala, Florida 34470
(352) 352-5590

www.facebook.com/IGNITINGHOPE4U/

Services: Counseling on trauma, addiction; anxiety; depression; spiritual Issues and much more.

New Directions of Central FL and Perspectives II

(Alcohol and Opiate Help)
9425 SE Hwy 42
Summerfield, FL 34491
(352) 347-6272

www.newdirectionscf.com

Services: Intensive outpatient treatment; individual, group & family counseling.

Ocala Consulting & Prevention Counseling Services

2100 SE 17th Street, Building 700
Ocala, FL 34471 (352) 622-4488

www.ocalaconsulting.com

Services: Substance abuse assessments, education, support, counseling and drug screenings.

Ocala Psychiatric Associates

Dr. Timothy L. Byrd, MD, FAPA
2 SW 12th Street
Ocala, FL 34471 (352) 629-4350

www.ocalapsychiatricassociates.com

Palmetto Behavioral Medicine, Inc.

Dr. Micah Baxley, MD Geriatric Psychiatry
3002 SE First Avenue, Building 100
Ocala, FL 34471 (352) 368-2448

Services: As a psychiatrist in Ocala, FL, Dr. Baxley treats a variety of conditions affecting mental health, for instance depressive or anxiety disorders.

Project Healthy Choices

903 NE Osceola Avenue
Ocala, FL 34470
(352) 368-1900 ext. 101

www.projecthealthychoices.org

Services: Adults and youth (15+) outpatient, substance abuse.

Randall Lowrey, PsyD

3304 SW 34th Circle, Suite 202
Ocala, FL 34474 (352) 687-0322

Employment for Felons

Federal Bonding Program

www.floridajobs.org/business-growth-and-partnerships/for-employers/findtax-credit-and-incentive-programs/federal-bonding-program

Career Source Center

2703 NE 14th Street
Ocala, FL 34470
(352) 414-4404
<https://careersourceclm.com/>

Services: Job openings.

Emergency Shelter

Arnette House

2310 NE 24th Street
Ocala, FL 34470
(352) 622-6135
www.arnettehouse.org

Services: For truant, homeless, runaway and ungovernable youth.

Interfaith Emergency Services

435 NW 2nd Street
Ocala, FL 34478
(352) 629-8868
www.iesmarion.org

Services: Housing, eye glasses, prescriptions, food, hygiene and clothing distribution.

Ocala Domestic Violence Sexual Assault Center

(352) 622-8495
www.ocaladv.org

Services: Single women with or without children.

Salvation Army

320 NW 1st Ave.
Ocala, FL 34475
(352) 732-8326
www.salvationarmy.org

Services: Shelter for single adults and families.

Halfway Houses

Grace Place

605 NE 20th St.
Ocala, FL 34470
(352) 426-5596

Services: Halfway house for females.

Perspectives Sober Living in Ocala and Gainesville

(352) 622-3745
www.perspectives2.com

Services: Halfway houses for men and women.

Recovery House

243 NW 4th Terrace
Ocala, FL 34475
(352) 299-3979
www.recoveryhouseinc.org

Services: Halfway house for males.

Unity Place

525 NE Sanchez Ave.
Ocala, FL 34470
(352) 622-6023
www.unityocala.org

Services: Halfway house for males and females.

Health Services

Center for Life/Hope Center

108 N. Pine Ave
Ocala, FL 34475
(352) 877-9907
<https://iesmarion.org/center-for-life/>

Estella Byrd Whitman Wellness and Community Resource Center 819 NW 7th St.

Ocala, FL 34475
(352) 875-2226
www.estellawellness.com

Heart of Florida Health Center

1025 SW First Avenue
Ocala, FL 34471
(352) 732-6599
www.myhfhc.org

Langley Health Services

7205 SE Maricamp Road
Ocala, FL 34472
(352) 680-0324
www.langleymedical.com

Three Angels Clinic

2140 NE 36th Ave. #300
Ocala, FL 34470
(352) 537-2289
www.freeclinics.com/det/three-angels-clinic

Support Groups

2-1-1

Simply dial, 2-1-1, United Way's free information and referral helpline which links people in need with assistance from more than 2,000 local health and human service programs.

Staffed by caring, highly trained, multilingual (over 200 languages) operators, 2-1-1 is your connection to finding help with: utilities, housing, food; youth and child care issues; physical and mental health services; elder services; and employment.

Support Groups

Alcoholics Anonymous Ocala & Marion County

1815 NE 19th Avenue, Suite B
Ocala, FL 34470
(352) 867-0660
www.aocalamarion.org

Services: Support for alcoholics with daily meetings.

Al-Anon

(888) 425-2666 for group meetings and information
www.al-anon.org

Services: Support for family and friends of alcoholics.

American Foundation for Suicide Prevention

The National Suicide Prevention Lifeline
1-800-273-TALK (8255)
www.suicidepreventionlife.org
Central Florida Area:
<http://afsp.org/chapter/afsp-central-florida/>

Area Health Education Center (AHEC)

14646 NW 151st Blvd.
Alachua, Florida 32615
(386) 462-1551
www.ahectobacco.com

Services: Provides free tobacco cessation services for adults.

Celebrate Recovery

Meadowbrook Church, Tuesdays from 7:00 – 9:00 PM, Childcare Provided
Church's phone: (352) 873-3767

Christian 12 Step Ministry, Inc.

415 NW First Avenue
Ocala, FL 34478
(352) 732-0877
www.christian12step.org

Services: Faith-based substance abuse education/referrals to programs & groups/prison ministry.

Support Groups

CLEAR Warm Line

(800) 945-1355

Services: Mental health support and help line.

Family Hope Resource and Pregnancy Center

20892 2nd Avenue
Dunnellon, FL 34431
(352) 489-9994

www.familyhoperesource.org

Services: Adult, outpatient, unplanned pregnancy and family mentoring.

Gamblers Anonymous

www.gamblersanonymous.org

LGBT National Help Center

(888)843-4564

www.ginh.org

Life in Focus Education at Souls Harbor

First Pentecostal Church
12650 SE County Hwy 484,
Bellevue, FL 34420
(352) 245-3227

www.marionlife.com

LSF Access to Care Line

(877) 229-9098

www.samh.lsfnet.org

Services: Advocacy, access to treatment, brief screening and referral.

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Services: 12 step program for family and friends of addicts.

Narcotics Anonymous

www.naflorida.org

Services: Daily meetings.

National Alliance on Mental Illness

(NAMI Marion County)

(352) 368-2405

www.namiocala.org

National Council for Behavioral Health

Can assist you in finding a local provider of behavioral health services and support.
www.theNationalCouncil.org

QuitDoc Foundation

(866) 355-QUIT

www.quitdoc.com/be-a-tobacco-free-influence.html

Services: Adolescent tobacco intervention and cessation program for youth ages 11-17 identified as at risk for tobacco use.

Recovery Road

6793 SW Highway 200

Ocala, FL 34476

(352) 237-7623

Services: Treatment plans and support.

SAMHSA's National Helpline

1-800-662-HELP (4357)

<http://findtreatment.SAMHSA.gov>

Services: Provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

Suicide Bereavement:

C-O-N-N-E-C-T-I-O-N-S

(352) 402-5280

Services: Munroe Regional Medical Center offers a support group for persons bereaved by suicide.

Volunteers of America of Florida

111 NE 12th Avenue

Ocala, FL 34471

(352) 277-1131

<http://voaflorida.org/ocala/>

Services: Adult aftercare for VA Clients.

Western Judicial Services

2300 S. Pine Avenue, Suite C

Ocala, FL 34474

(352) 622-9006

www.westernjudicial.com

Services: Outpatient substance abuse treatment with Florida Department of Corrections and Federal Probation.

SAFE MEDICATION DISPOSAL

Medications play an important role in treating certain conditions and diseases, but they must be taken with care. Unused portions of these medications must be disposed of properly to avoid harm. However, certain medicine may be especially harmful and, in some cases, fatal in a single dose if they are used by someone other than the person the medicine was prescribed for. For this reason, a few medications have special disposal directions that indicate they should be flushed down the sink or toilet after the medicine is no longer needed. If you dispose these down the sink or toilet, they cannot be accidentally used by children, pets, or anybody else.

It is important to note that disposal by flushing is not recommended for the vast majority of medicines. For information on drugs that should be flushed visit the FDA website. The FDA continually evaluates medicines for safety risks and will update the list as needed.

To dispose of prescription drugs not labeled go to Walgreens Store #7589 (near SE 36th Ave near Sonic); 3500 SE Maricamp Rd.; Ocala, FL 34471; or the Ocala Police Department located at 402 S. Pine Ave.; Ocala, FL 34471. Both locations have safe medication disposal kiosks available during regular lobby hours. The types of medications accepted include prescriptions, prescription and over the counter ointments and creams, liquids, lotions, pet medications, prescription patches, over-the-counter medications and vitamins. Certain medications are not accepted at the kiosks including needles, inhalers, aerosol cans, hydrogen peroxide, thermometers, and illicit drugs.

If a drug take-back or collection program is not convenient for you. You can dispose of prescriptions drugs by :

- Taking your prescription drugs out of their original containers.
- Mixing drugs with an undesirable substance, such as cat litter or used coffee grounds.
- Put the mixture into a disposable container with a lid, such as an empty margarine tub, or into a sealable bag.
- Conceal or remove any personal information, including Rx number, on the empty containers by covering it with black permanent marker or duct tape, or by scratching it off.
- Place the sealed container with the mixture, and the empty drug containers, in the trash.
- For liquid medications, you may want to mix with an absorbent material such as flour or cat litter to help discourage misuse or unintentional use of the medication if it's found and opened.

In addition, Marion County Children's Alliance has a limited supply of medication disposal bags. For more information call (352) 438-5990.

FLORIDA MENTAL HEALTH ACT - BAKER ACT

The Florida Mental Health Act also known as the “Baker Act” of 1971 or officially as Chapter 394 of the Florida Statute allows for an involuntary examination of an individual (adult and/or minors) and can be initiated by the circuit court, law enforcement officers, physicians or mental health professionals.

A person may be taken to a receiving facility for involuntary examination if there is a reason to believe they are mentally ill and has refused voluntary examination or can't determine that it is needed, and there is likely hood that they are a danger to themselves or others due to threat of harm or neglect.

This examination must be done by physician (psychiatrist) or other qualified professional and the person may be held for up to 72 hours.

Possible outcomes following the examination of the patient are the release of the individual to the community (or other community placement), a petition for involuntary inpatient placement (where a judicial hearing determines the outcomes), involuntary outpatient placement (what some call outpatient commitment or assisted treatment orders), or voluntary treatment (if a person is competent of consent to voluntary treatment and consents to staying at the facility for voluntary treatment).

Adults can only be admitted on a voluntary basis if they have a mental illness, have not been coerced, are competent to provide informed consent and are suitable for treatment. A minor has to meet the same criteria for voluntary admission, including willingness to be admitted, BUT the application for a minor's admission must be made by his or her's parent or legal guardian and following a judicial hearing.



MARCHMAN ACT

The “Marchman Act” also known officially as Chapter 397 of the Florida Statute encourages a person to seek out treatment on a voluntary basis and to be actively involved in planning their own services with the assistance of qualified professionals. However, denial of addiction is a common symptom, raising a barrier to early intervention and treatment. As a result, treatment often comes as a result of a spouse, employer, doctor, judge or other person with influence over one’s life to obtain needed substance abuse services. The Marchman Act established a variety of methods under which substance abuse assessment, stabilization and treatment could be obtained on an involuntary basis. There are five involuntary admission procedures. Three of the procedures do not involve the court, while two require direct petition to the circuit court.

The three non-court procedures are:

- Protective Custody (by law enforcement)
- Emergency Admission (by Physician)
- Alternative Involuntary Assessment for Minors

However, the law also offers two court related procedures, including:

- Involuntary Assessment and Stabilization
- Involuntary Treatment

The criteria for involuntary admission includes: There is a good faith reason to believe the person is substance abuse impaired and, because of such impairment has lost the power of self control with respect to substance use: and either has inflicted, or threatened or attempted to inflict, or unless admitted is likely to inflict, physical harm on them self or another; or is in need of substance abuse services and, because of that impairment, they are incapable of appreciating the need for such services and of making a rational decision, however, mere refusal to receive services is not considered evidence of lack of judgment with respect to the need for such services.

Marion County HEROIN OPIOID TASK FORCE

"What you don't know, may kill you!"



98 Opioid Related Deaths in Marion County in 2016, estimations for that number to reach 160 for 2017.

The Marion County Heroin/Opioid Task Force has four subcommittees:

Education/Prevention

to bring community awareness to the signs and symptoms of opioid use, opioid overdose signs and symptoms, current data on overdose deaths, and prevention resources.

Law Enforcement

to reduce the illicit supply of opioids, divert from the criminal justice system, and supported medicated assisted treatment in the Marion County Jail.

Healthcare

to work with local hospitals and medical society on opioid prescribing protocols.

Treatment

to increase availability of medication-assisted treatment options and detox beds.

Please consider getting involved to combat the heroin/opioid epidemic in Marion County by joining the task force or one of the subcommittees. The task force meetings are held quarterly and subcommittee meetings are held monthly. For meeting dates visit mcchildrensalliance.org/blog/events/.

COMMUNITY COUNCIL AGAINST SUBSTANCE ABUSE

Goal - Community Council Against Substance Abuse (CCASA) is working to reduce the impact of alcohol, marijuana, and other drugs on our youth using the following interventions:

Natural High - Natural High promotes the message that most teens do not need to get artificially high to have a good time. In addition, it helps youth discover, amplify, and pursue their own natural highs i.e. sports, music, poetry so that they have a reason to say no to an artificial high.

Friday Night Done Right. No Alcohol. No Dope - campaign that promotes the message that teens do not need to drink and use drugs in order to have a good time on a Friday Night.

Students Against Destructive Decisions (SADD) - SADD Clubs are peer leadership organizations in middle and high schools dedicated to preventing destructive decisions, particularly underage drinking, other drug use, impaired driving, teen violence and suicide.

Red Ribbon Week - National effort where schools and organizations raise awareness in the community about drug abuse October 23rd – 31st.

Know the Law - educational program on alcohol and other drug laws, i.e. breaking the law, rules, regulations, etc.

No One's House - parent-to-parent campaign that works to reduce the number of parents in a community who are providing teens with alcohol and/or allowing teens to drink in their homes.

Drive for Life - student program at North Marion High School focusing on educating students about the 3 D's of driving (distracted, drugged and drunk).

You're Not Alone - campaign aimed at reducing the number of teens who are untreated for mental health issues, reducing the stigma attached to mental health, and providing skill building tools for teens to help them manage stress and build confidence.

Other Initiatives

Adult and Youth Mental Health First Aid Classes - Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use-related crisis. For more information, visit www.mentalhealthfirstaid.org.

Heroin/Opioid Task Force - Goal is to reduce the number of overdose deaths in Marion County. See previous page for description.

Get Involved

By attending our Community Council Against Substance Abuse meetings. Meetings are held the 3rd Monday of each month at noon in the Ocala Police Department Community Room located at 402 S. Pine Ave.; Ocala, Fl. 34471. No meeting will be held in January due to Martin Luther King Jr. Holiday. For more information, to donate or sponsorship opportunities, contact Nancy Castillo at 352-438-5992 or email at nancy@mcchildrensalliance.org.




Marion County Children's Alliance


#PutChildrenFirst



To improve the lives of Marion County children by providing resources which enable nonprofit organizations serving these children to operate more effectively and by providing safe, effective services of the highest quality.

Monthly Meetings held at Sheriff's multi-purpose room, 3300 N.W. 10th St. Ocala, FL
First Wednesday of each month. (except July) 11:30 a.m - 1 p.m.

Monthly Newsletter Email Information Exchange

 3482 N.W. 10th St.
Ocala, FL 34475

 (352) 438- 5900 - O
(352) 438 - 5994 - F

 mcca@mcchildrensalliance.org
 www.mcchildrensalliance.org

 marion county
childrens alliance

 @childrenfirst



COMMUNITY COUNCIL AGAINST SUBSTANCE ABUSE
Works to reduce the impact of alcohol, marijuana
and other drugs in our community.



HEROIN /OPIOID TASKFORCE
Works to reduce the number of overdose deaths in
Marion County.



CHILDHOOD NUTRITION
Works to raise a healthier generation and to teach families
the importance of healthy choices and physical activity.



SAFE KIDS MARION
Works to reduce the number of preventable accidents to
youth 17 years or younger.



FAMILY VIOLENCE PREVENTION
Works to reduce family violence in our community by
increasing awareness through education.



BUILDING BETTER DADS
Works to identify and address the needs of fathers while
facilitating their involvement in the lives of their children.