



March Focus: Do you believe in luck? Are you a lucky or unlucky person? Or, to put it more precisely, are you prepared to be lucky? Many believe that luck is all about being prepared to accept opportunities.

“Luck Is What Happens When Preparation Meets Opportunity”. This quote, attributed to Roman philosopher Seneca, reminds us that we make our own luck. The difference between lucky and unlucky people, we've seen before, is all in our perspective. Lucky people generate their own good fortune via four basic principles.

1. They are skilled at creating and noticing chance opportunities – Having long term goals will help you to identify good opportunities when they arise! There are multiple steps to achieving goals, the right opportunity can help propel you down that path!
2. They make lucky decisions by listening to their intuition – If it seems too good to be true, it usually is. Most “get rich quick” schemes are just that...schemes. With great reward, comes great effort.
3. They create self-fulfilling prophecies via positive expectations – Be realistic about opportunities. Don't expect one opportunity to change your life. Don't put all of your eggs in one basket.
4. They adopt a resilient attitude that transforms “bad” luck into good – Having a positive outlook and perspective can be the one thing that changes your life the most! Try to find the silver lining in all situations, even when they don't go your way. Always remember, if it's meant to be, it will!

Take the time to write your fathering action plan by:

- Put together a list of goals that you want to accomplish, either personally or for the family
- Make a list of action steps that need to be taken along the way to reaching that goal

Then....

- Be prepared to accomplish those action steps and start checking off those boxes!

Children need a dad that is continually committed to improving his own life, the lives of his children, and the way he loves and cares for them. Children learn from their dads, the good, the bad and the ugly. When dad is the best he can be, the kids become the best they can be. Show your kids the importance of having goals, being prepared for the opportunities that might knock on their door and not to leave their futures to chance.