



MARION COUNTY CHILDREN'S ALLIANCE

Website: Mcchildrensalliance.org

Volume 19, Issue 3 ~ March 2019

APRIL IS NATIONAL CHILD ABUSE PREVENTION MONTH A TIME TO RECOGNIZE EACH CAN PLAY A PART IN PROMOTING THE SOCIAL AND EMOTIONAL-BEING OF CHILDREN AND FAMILIES IN OUR COMMUNITIES



Ocala Family Resource Center

OPEN HOUSE AND CHILD ABUSE PREVENTION MONTH KICK-OFF

Monday, April 1st, 2019
11 a.m. - 1 p.m.

Ocala Family Resource Center
215 NW Martin Luther King Jr. Ave.

Join us as we **recognize** the start of Child Abuse Prevention Month; **acknowledge** honorees for their work with the children we serve, and **vote** for our "Hands are not for Hitting" contest winners.

April 4th, 2019

Lunch-n-Learn

"Effects of Child Abuse on Children"

11 a.m. - 1 p.m.

Marion County Sheriff's Office

Multi-Purpose Room
3300 NW 10th Street

Guest Speaker
Community Panel



Pinwheels for PREVENTION
Prevent Child Abuse Florida

KIDS CENTRAL, INC.
Building Better Lives

April 13th 2019

Kimberly's Center
Annual Race Against
Child Abuse
MTI - Marion Technical
Institute

7 a.m. - Sign up
Package and T-shirts
8 a.m. - Race Begins
\$25 per adult
\$10 per child (10 and up)

MARION COUNTY CHILDREN'S ALLIANCE

3482 N.W. 10th St. Ocala, FL 34475 Phone: (352) 438-5990 Fax: (352) 438-5994 www.mcchildrensalliance.org

Board of Directors

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Our Vision

For all of Marion County's children to have a safe, healthy and nurturing environment in which to grow

Our Mission

To improve the lives of Marion County children by providing resources which enable nonprofit organizations serving these children to operate more effectively and by providing safe, effective services of the highest quality.

The Marion County Children's Alliance is supported by:

Barrett, Liner & Company; City of Ocala; Colen Foundation; Community Coalition Alliance; College of Central Florida; Department of Children and Families; Drug Free Communities; Duke Energy; Family Times Magazine; Florida Blue; Florida Department of Health in Marion County; Heart of Florida Health Center; Jenkins Auto Group; Kids Central, Inc.; Marion County Board of County Commissioners; Marion County Public Schools; Marion County Sheriff's Office; Mojo Grill; Radiology Associates of Ocala

Staff	E-mail: mcca@mcchildrensalliance.org
Executive Director	Beth McCall Beth@mcchildrensalliance.org
Prevention Director	Nancy Castillo Nancy@mcchildrensalliance.org
Family Violence Prevention Coordinator	Monica Bryant Monica@breakthesilenceonviolence.org
Receptionist	Patricia Reynolds-Biddines Patricia@mcchildrensalliance.org
Fatherhood Initiative Coordinator	Christine Sandy Christine@mcchildrensalliance.org
Bookkeeper	Hilary Jackson Hilary@mcchildrensalliance.org



Notice: The Children's Alliance informs readers of current events in the nonprofit and social service fields. Opinions expressed by the writers are not necessarily those of the Marion County Children's Alliance. Inclusion or exclusion of any agency does not imply either endorsement or disapproval by the Alliance. MCCA reserves the right to edit **ALL** submissions. Information should be e-mailed to Monica@breakthesilenceonviolence.org by the **FIRST** Friday of each month for the following months publication.



Proud Supporter of the
Marion County Children's Alliance



2025 SW College Rd • Ocala
www.JenkinsAcura.com



1602 SW College Rd • Ocala
www.OcalaHyundai.com



1740 SW College Rd • Ocala
www.JenkinsMazda.com



1730 SW College Rd • Ocala
www.JenkinsKia.com

VIRTUAL SUPPORT GROUP MEETING FOR DOMESTIC VIOLENCE SURVIVORSSURVIVORS

Bean Bag Session: We are survivors
by New Visions Ministries of Florida, Inc.
March 13 and 27
9 p.m. EST/ 8 p.m. CST

Virtual setting support meeting for survivors
of and those still suffering from domestic
violence and/or sexual violence.

*The call is anonymous unless you choose
to introduce yourself.*

Dial-in number **(712) 775-7031**
Access code: **736842**

Video and Screen Sharing
Online meeting ID: *****preciousswain*****

Online meeting link:
**https://join.freeconferencecall.com/
preciousswain**

Ocala Police Department Presents Domestic Violence Educational Workshop “Planting Seeds of Change”

March 28, 2019 3 p.m. – 5 p.m.

The workshop will be held in the **Community Room** at
the Ocala Police Department. All are welcome to attend
our free educational workshops on domestic & dating
violence. You do not have to be a victim to be educated
on the type of services available for those in need.

NOTE: You may also call our office to schedule a private
workshop for another date at (352) 369-7139.



It's not your fault if you are being abused. You deserve to be treated
with respect. If someone you know is being abused, please encourage
them to call for assistance.

Help is Available . . . Safe shelter, transportation, injunctions for
protection, loaner cell phones, relocation assistance, address
confidentiality program, housing assistance, free counseling for victims
& their children, Crimes compensation, free legal aid and Victim
Advocates.....

What can friends or loved ones do? Whether you're a co-worker,
friend, or relative you can report abuse to law enforcement if you hear
or witness anything. Talk to a trained Advocate to learn about options
and safety planning. Attend one of our free workshops.

Domestic Violence Shelter 24hr hot-line (352) 622-8495
RSVP to Ocala Police Department Victim Advocates (352) 369-7139

PEACE BY PIECE MINISTRY NEEDS DONATIONS

By Beth McCall, Executive Director, Marion County Children's Alliance

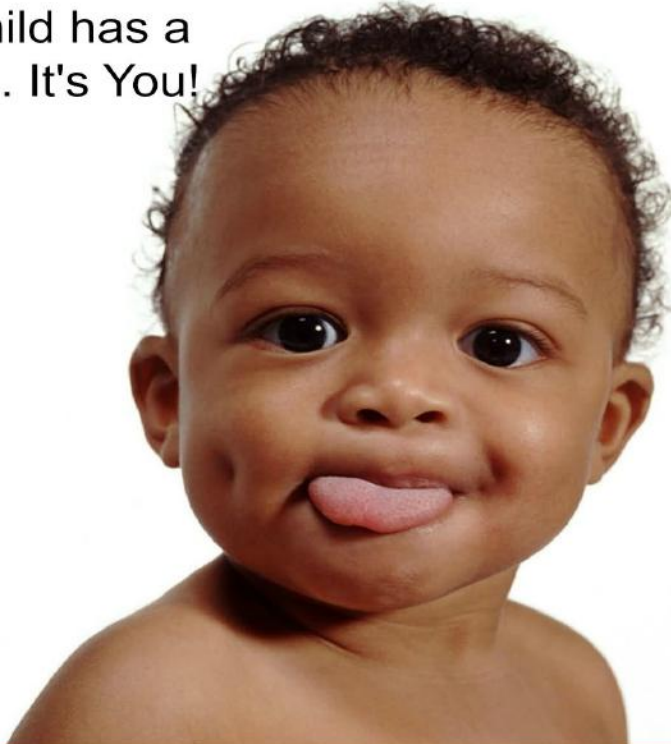


Peace by Piece Ministry at St. Paul's United Methodist Church was established in 2014 and is a quilting ministry that provides prayer quilts to those in need. Recently the Peace By Piece Ministry has begun to make duffel bags to give to children who go to Kimberly's Center, Interfaith Emergency Services and the Florida Methodist Children's Home. The beautifully sewn duffel's will be a special items that the children can carry with them to hold their personal belongings. Peace by Piece Ministry is looking for donations to help with their cause. Items needed include:

- Heavy Weight Zippers
- Upholstery & Lining Fabric Upholstery
- Elastic
- Scotch Guard Fabric Spray

Items may be dropped off to the attention of Beth McCall at the Marion County Children's Alliance, 3482 NW 10th St. Monetary donations are also accepted. Checks should be made to St. Paul's UMC and mailed to St. Paul's UMC, 800 SE 41st Ave., Ocala, FL 34471.

Every Child has a
Chance... It's You!



Guardian ad Litem Pre-service Training

May 17th & 18th
Ocala, Florida

Registration Required!



Become a Guardian ad Litem Volunteer.
Form more information visit GuardianadLitem.org.

PLEASE JOIN US: VOLUNTEERS NEEDED



**The Marion County Children's Alliance
Family Violence Prevention Workgroup
is sponsoring a**



COMMUNITY WALK



Thursday, March 21, 2019

10 a.m. to noon



~ Belleview ~



We will be distributing door hangers to raise awareness about Domestic Violence, Substance Abuse Resources and information on Child Abuse Awareness and Prevention.

Meet at **9:30 a.m.** at Lake Lillian (Large Pavilion) corner of SE 109th St and Lillian Circle to be assigned to a team

To sign up to participate in the walk, call (352) 438-5990 or register at <https://2019fvpcommunitywalk.eventbrite.com>

Lunch provided for volunteers



ACTIVEMARIONPROJECT

JOIN THE MOVEMENT

DOWNLOAD THE APP NOW

SEARCH **ACTIVE MARION PROJECT**
IN YOUR SMART PHONE APP STORE

#AMPMARION

1. TRACK YOUR STEPS

App integrates with Apple Health, Fitbit and Google Fit. Every 100 steps = 1 point. The more points, the more rewards

2. JOIN A TEAM

Follow your and your team's progress on the Leaderboard, message fellow teammates, and join in Quarterly challenges and recognition

3. EARN REWARDS

Points are rewarded for steps taken. Each quarter, you can earn rewards such as water bottles, portable speakers, shirts, and other fun items.

WWW.ACTIVEMARION.COM

~ AGENCY SPOTLIGHT ~

Marion County Public Library System



2720 E. Silver Springs Blvd., Ocala, FL 34470
Phone: **(352) 671-8551** ~ Fax: **(352) 368-454**
Executive Director: Julie Sieg

Website: library.marioncountyfl.org **E-mail:** Karen.Jensen@marioncountyfl.org

Mission: The Marion County Public Library System serves as a center of community engagement where citizens are informed, inspired and empowered. Our mission is to connect citizens with information, ideas and experiences to strengthen and enrich our community and quality of life.

The library provides public library services to residents of Marion County and has branches located in Belleview, Dunnellon, the Forest, Fort McCoy, Marion Oaks, Reddick, the Freedom Public Library on State Road 200 and at its Headquarters-Ocala Public Library and is engaged in collaborative partnerships with a wide variety of area nonprofit and health care providers, area businesses, civic and fraternal organizations.

The public library system offers a wide and varied collection of books and materials in print, large print, CD's DVD's, audio books, digital resources, wifi and public access computers, meeting and study rooms, a small inventory of assistive technology for the hearing and visually impaired and trained library staff to assist the public. Additionally, a wide variety of educational and informative programming and events are offered to children, teens and adults at all public library locations throughout the year. We also maintain an active volunteer program averaging 300 volunteers 14 years of age and older who enhance the library's ability to provide services to the community.

BE A WINNER



Take the Marion County

COMMUNITY HEALTH SURVEY @ www.WellFlorida.org

and enter to win a \$30 gift card



Survey results will be used to assess the area's most pressing health needs. For more information, call 352-727-3767.



Go to www.WellFlorida.org
Select "Surveys"

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Select "Surveys"

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Select "Surveys"

Go to www.WellFlorida.org
Select "Surveys"

Go to www.WellFlorida.org
Select "Surveys"



ARE YOU A VETERAN?

- *Have you served in the military?
- *Are you struggling with readjustment?
- *Anxious about your future?
- *Struggling to connect with friends and family?
- *Need a place to talk about day to day problems with other Veterans?

WE CAN HELP

FREE VETERAN PEER SUPPORT GROUP


Integration and Healing Center Inc. host a weekly peer support group for Veterans please contact us for more info.

The Cascades
1515 E. Silver Springs Blvd. Suite 134
Ocala, FL 34470
(352)355-2888



PosterMyWall.com


Save the Date To Join in the Celebration



10 YEARS

Friday, March 8, 2019
5:00 PM - 7:00 PM

Howard Academy Community Center
306 NW 7th Avenue
Ocala, FL 34475



**R.A.M.A.L. Educational
and Social Services, Inc.**
(352) 875-4237
www.ramalservices.org

Ages 8-16

Get instructions, by age and skill level, on the proper techniques of passing, blocking and serving!

Participants should wear tennis shoes, shorts, t-shirt and bring knee pads. (Knee pads are not mandatory)

\$20


Registration fee per person

For more information or to register, visit www.ocalafl.org/recpark or call (352) 368-5517.




**Beginner/Intermediate
Volleyball Clinic**

Mondays & Fridays
March 18 - April 12
6:30 to 8 p.m.
E.D. Croskey Recreation
Center
1510 NW Fourth St.




Circuit Training

Mondays, Wednesdays and Thursdays
March 25 - May 2 AND May 13 - July 15
(Choose ONE of BOTH sessions)
6 to 7:15 p.m.
E.D. Croskey Recreation Center
1510 NW Fourth St.

This is a FREE beginner-level program designed for individuals looking to change their health and well-being!

Activities include low impact exercise, cardio and more. Participants should wear comfortable clothing and closed toe shoes. Please bring a towel, water bottle and positive attitude!

To register, please visit
www.ocalafl.org/recpark
or call (352) 368-5517.



April is National Child Abuse Prevention Month



Pinwheels For Prevention Family Fun Day

April 6, 2019

11am-2pm

Citizen's Circle

(SE Osceola Ave, Ocala, FL 34471)



Balloon Art, Face Painting, Pinwheels Ceremony & Truck Tour, Live Entertainment, Games, Family Activities and much more!!!

Open to Vendors & Sponsors

For more Information please contact Success By 6 Coordinator Chrissy Vickers (352) 369-2315 ext. 213 or cvickers@elc-marion.org



GRAND PRIZE GIVEAWAY!!!
(must attend at least 4 Workshops to be eligible to win on 4/13/2019)



Parent Educational Workshops
Thursdays (5:30pm-7:30pm)
Marion County Public Library
2720 E Silver Springs Blvd, Ocala, FL 34470

Dates: 2/28/2019 to 4/11/2019
(every Thursday)

Enjoy **FREE DINNER** for the entire family, fun educational activities promoting early learning for your children, winning **Gift Cards** and more....Join us at the Parents as Teachers Workshops happening weekly in Marion County. All family members are welcome to attend!!!
FREE CHILD CARE PROVIDED

For more information and to register contact **Success By 6** Coordinator Chrissy Vickers at (352) 369-2315 ext. 213 / cvickers@elc-marion.org or register at <https://www.elc-marion.org/parents/success-by-6/parent-training-scheduling/>



EARLY LEARNING COALITION OF MARION COUNTY

JOB OPENINGS

Client Services Counselor: Eligibility (Full Time)

Client Services Counselor: Eligibility (Part Time)

Details on job descriptions are located at www.elc-marion.org



Education & Beyond:

Supporting Substance Exposed Newborn Communities



April 12th, 2019 from 9am to 4pm

You're Invited to join the Circuit 5 SEN Task Force to share and learn best practices in the Circuit 5 counties for the treatment and prevention of the addicted pregnant patient and her newborn.

LOCATION: Wildwood Community Center
6500 Powell Road, Wildwood, FL 34785

CONTACT: 352-596-8000 **REGISTRATION FEE:** \$30.00



REGISTER NOW: Find the Eventbrite link at:
www.hernandocommunitycoalition.com

Our Mission: To reduce the occurrence of SEN through education, support and prevention in Circuit 5.

KEY NOTE PRESENTATION:

Mothers in Recovery Program

Memorial Health System - Maternal Addiction Team
Dr. Alberto Augsten
Claudia P. Vicencio, PhD, LCSW, LMFT

Additional Presentation Topics Include:

- Implementing systems of care to help young children, pregnant women and families with community resources
- Using evidenced-based and trauma-informed education with foster/adoptive families and Trust-Based Relational Intervention
- A Navigator Advocate Program for Substance Exposed Newborns
- And More!!

SPONSORS INCLUDE:



Maureen Soliman and Dr. Fawzi Soliman



Kimberly's Center for Child Protection

8TH ANNUAL

5K RACE

AGAINST CHILD ABUSE

big Lees

5K RACE AGAINST CHILD ABUSE

ANNUAL RACE AGAINST CHILD ABUSE

Corona Extra

FLOW CONSULTING



Kimberly's Center for Child Protection ANNUAL RACE AGAINST CHILD ABUSE

Outlet AUCTION 35 • Ocala, FL

Heinen



Ocala

Kimberly's Center for Child Protection

5K RACE AGAINST CHILD ABUSE

RECHA



Save THE Date

APRIL 13, 2019

8 AM RACE BEGINS AT MTI
1614 E. Fort King St., Ocala FL 34471

7 AM SIGN-UP
Package and T-shirt

\$25 per adult • \$10 for kids (under 10)

REGISTER ON KCRACE.COM

If you are unable to attend but wish to make a donation please visit kimberlycenter.org.

2800 NE 14th St. Ocala, FL 34470 • 352-873-4739

Lunch-n-Learn



“THE EFFECTS OF CHILD ABUSE ON CHILDREN”
sponsored by the Family Violence Prevention Workgroup

~ Guest Speaker ~



Robert Redding,
Program Administrator
Florida Department of Children and Families

Thursday, April 4, 2019

11 a.m. to 1 p.m.

Marion County Sheriff's Office

Multi-purpose Room

3300 N.W. 10th St., Ocala, FL 34475

~ Survivor Story ~
Brittinie Rooney

PLUS

Community Panel on Child Abuse

Local experts share their expertise



“It shouldn't
hurt to be
a child.”

Seating is limited. Lunch provided. R.S.V.P for lunch by March 28.

To reserve a seat or for more information, call **(352) 438-5990** or register online at <https://capreventionworkshop.eventbrite.com>.



EMPOWERED TO CONNECT CONFERENCE



April 5th & 6th 9:30am-6pm

One Life Fellowship Ocala

\$25/\$40 for couples ticket

(\$35 starting March 1st, lunch included both days)

Connect Kids Program FREE

This two-day simulcast features Trust-Based Relational Intervention® (TBRI®), developed by Dr. Karyn Purvis and Dr. David Cross from the Karyn Purvis Institute of Child Development. This evidenced-based approach provides a deep understanding of the impact of trauma and practical tools proven to help children heal.

Connect Kids is a low-cost childcare experience with TBRI® trained buddies. Children will be taught relational and regulation skills through play. They'll enjoy yoga, music, games, TBRI® Nurture Groups, crafts & more!

Earn up to 11 foster training hours

11 CEUs from the National Association of Social Workers & the National Board of Certified Counselors

REGISTER at:

thepearlproject.ticketleap.com

For more information, contact Joy Zedler at joy@thepearlprojectcf.org or 352-405-5005

Saint Leo University
Sponsored by the Human Services Department

MENTAL HEALTH FIRST AID COURSE

Information

Open to the Public

- Two certified instructors—includes lessons in recovery and resiliency.
- Focus is on any individual who knows or are related to someone in the military or who are active military
- Limited seating available
- Training is Free

What You Will Learn:

- Signs of addictions and mental illnesses
- 5-step action plan to assess a situation and help
- Impact of mental and substance use disorder
- Local resources and where to turn for help



SATURDAY, MARCH 23RD

8:00am - 5:00pm

BRING A LUNCH

OCALA CENTER | 1930 SW 38TH AVENUE | OCALA, FL 34474



WORKBOOK PROVIDED BY **BE Free LAKE Coalition**

TO REGISTER FOR MENTAL HEALTH FIRST AID COURSE: CLICK HERE TO REGISTER

[HTTPS://WWW.EVENTBRITE.COM/E/MENTAL-HEALTH-FIRST-AID-ADULT-TRAINING-TICKETS-56207907364](https://www.eventbrite.com/e/mental-health-first-aid-adult-training-tickets-56207907364)

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MARION COUNTY VETERANS TREATMENT COURT PRESENTS

UNDERSTANDING PTSD

A GUIDE FOR OUR COMMUNITY, VETERANS, AND THEIR FAMILIES

When: Tuesday, March 5, 2019 / 11:30—1 PM

Where: Marion County Courthouse, Jury Assembly Room
110 NW First Ave. Ocala, FL 34475

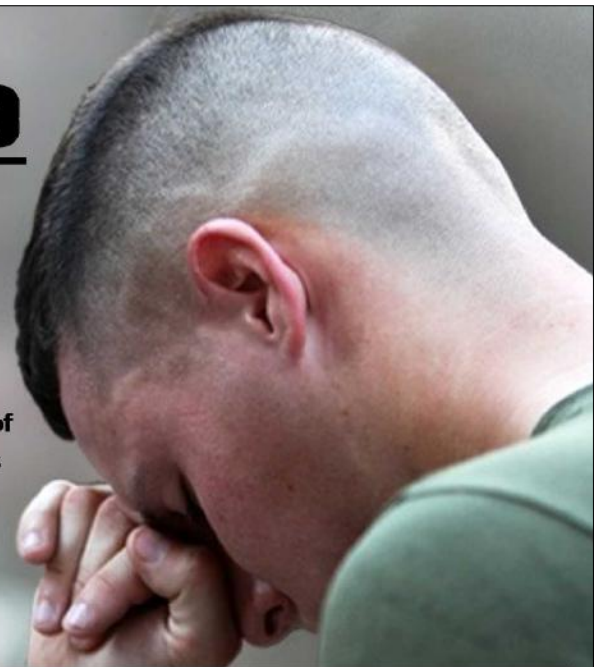
To RSVP please click [HERE](#) or email jvalentine@circuit5.org

This lunch and learn will cover typical signs and symptoms of Post Traumatic Stress Disorder as well as treatment options and resources available to all those affected by PTSD.

Free refreshments and light lunch provided.

For additional information contact Johnny Valentine at jvalentine@circuit5.org or 352.401.6704

Presenter: Dr. Jeffrey Bates is currently the Acting Associate Director in the Office of Academic Affiliations (Associated Health Education) in the Department of Veterans Affairs based out of the VA Headquarters in Washington, D.C.



Believing In Me Gala

Pace Center for Girls – Marion

April 18, 2019



Location: Southeastern Livestock Pavilion Auditorium

Time: 5:00-8:00 pm

Volunteers and donations needed!

Volunteers: Set-up & breakdown, chaperones, music & photography

Donations Needed: Dresses, shoes, hair & makeup, accessories, Food & drinks, decorations

Contact: Kimberly Vollmer-Smith

Email: Kimberly.vollmer@pacecenter.org,

(352) 369-0571 Ext: 3022



:txt-a-tip|

Marion County's anonymous youth tip hotline available 24/7 for reporting illegal activity or concerning behaviors such as:

- Theft
- Abuse
- Bullying
- Drug sales/use
- Underage drinking
- Emotional concerns
- Concerns about the safety of friends or others



See something? Say something! Text keyword "Marion" to:

352-877-2838

Anonymously report any activity you find concerning. Every tip will be responded to by a member of a trained response team and forwarded to the appropriate resources.

Together we can make a difference and keep our community safe!



Dr. H.L. Harrell Branch
 352-690-7440
 800 SW 12th Ave.
 Ocala, FL
Ages 6-12

Dr. H.L. Harrell Teen Center
 352-690-7440
 800 SW 12th Ave.
 Ocala, FL
Ages 13-18



Dunnellon Branch
 352-875-4719
 20077 SW 110th St.
 Dunnellon, FL
Ages 6-18

Silver Springs Shores Branch
 352-680-0011
 674 Silver Rd.
 Ocala, FL
Ages 6-18

Academic Success · Healthy Lifestyles · Good Character & Leadership

Ultimate 2019 Spring Break Experience!

March 18-22, 7:30 a.m.-5:30 p.m.

Have Fun!

\$30 FOR FULL WEEK or \$8 DAILY
 Spring Break Program includes off site trips
 with additional fees

Field Trips!

Safe,
 Positive
 Environment

Supportive
 Relationships

Opportunities
 & Expectations

for more Spring Break 2019
 info visit:
bgcofmarion.com

2019 Summer Camp slots available!
 Contact your local clubhouse for more info!

Discover What Head Start Offers!

Did you know Head Start provides comprehensive services to more than a million children each year?



Birth to 5 years old

We support learning through play, creative expression, and guided activities. We build strong relationships as the foundation of early learning.

We promote language and literacy development, early math and science concepts, and positive attitudes toward learning.



Health & Wellness

We promote physical development both indoors and outdoors. We serve breakfast and lunch, as well as healthy snacks.

We provide hearing, vision, & behavioral screenings and promote medical & dental services.



Disability Services

We build on children's strengths and individualize experiences to meet their needs.

We collaborate with community agencies when further assessment is needed.



Social Services

We help families find assistance in challenging times.

We help families identify and reach goals around employment, training, and parenting.



How to Apply in Marion County



Boyton HS
Ages: 3 - 5 yrs.
1701 NW 10th St.
Ocala, FL 34475
T. 352.547.8017
L# C05MA0175

Howard HS
Ages: 3 - 5 yrs.
306 NW 7th Ave.
Ocala, FL 34475
T. 352.547.8083
L# C05MA0174

Fessenden HS
Ages: 3 - 5 yrs.
4200 NW 89th Pl.
Ocala, FL 34473
T. 352.690.2056
L# C05MA0177

Reddick HS
Ages: 3 - 5 yrs.
4595 W. Hwy. 316
Reddick, FL 32686
T. 352.591.0634
L# C05MA0176

Skylark HS/EHS
Ages: 0 - 5 yrs.
1601 NE 25th Ave.
Suite 900
Ocala, FL 34470
T. 352.512.9027
L# C05MA0183

Thelma Griffith EHS
Ages: 0 - 3 yrs.
1601 NE 25th Ave.
Suite 1000
Ocala, FL 34470
T. 352.547.8070
L# C05MA0178



Head Start is also offered at local child childcare centers in Ocala and Belleview. For more information call the following numbers. Ocala: 352.816.8583 Belleview: 352.816.8061

Home Based Services are also offered for pregnant women and children ages 0 - 3.

EARLY HEAD START
© Episcopal Children's Services



Home Based Program

A knock on the front door can bring parents the support they need to nurture their young child's healthy development. Home visiting reaches families where they live by delivering parent services directly to the home environment. Together we will help you plan ways to help your child learn using parent-child interactions, daily routines, and household materials.



For More Information Contact:

- Alachua: Patricia Wiggins - 352.840.3378 or Shauna Thomas - 352.789.4165
- Citrus County: Olga Monsalve* - 352.840.3360
- Marion: Alicia González* - 352.789.9274 or Jammie González* - 352.816.8585
- Tri-County: Jessica Melton- 352.816.8579
- Dixie County: Earlene Geathers—352.816.8058 or Toni (TJ) Arrington—352.262.1960

** Para comunicarse en Español **

Developmental screenings

Services for pregnant women & children birth to three

Referrals to community services

Socialization activities with other families

Information on child development and early learning



— EPISCOPAL —
Children's Services

BELIEVE. ACHIEVE. SOAR.

Arnette House, Inc. 18th Annual Benefit & Auction

March 9th, 2019
Hilton Pavilion Ocala



**Wear your Disco threads,
The DJ Will provide the beat,
For a groovy time,
Just bring your dancing feet!**

Hustle over to the Hilton Pavilion as we celebrate DISCO...

with 70's food, fun games, live auction, silent auction, and Disco dancing!

\$50 per person / \$500 per table of 8

Tickets are available at Arnette House & www.ArnetteHouse.org

**sponsorships are available



Marion County
Help Me Grow
Florida

Books, Balls, & Blocks!

Wednesday, March 20

1PM – 4PM

**Early Learning
Coalition of
Marion County**

**2300 SW 17th Rd,
Ocala, FL 34471**

**Join the Early Learning Coalition
and Help Me Grow for this FREE event!**

Activities include:

- Children's games and activity stations
- Developmental Screening
- Drawings for great educational toys
- Info on local children's programs and services
- Free Children's Book for every child!



Children's
FORUM
...because kids can't wait

OFFICE OF
Early Learning
LEARN EARLY. LEARN FOR LIFE.

1.31.19 CD



Hepatitis A virus (HAV) is a vaccine-preventable form of infectious hepatitis.

Florida Department of Health • FloridaHealth.gov

HAV is contagious & can harm your liver.

HAV usually spreads person-to-person through objects, food or drink that are contaminated by small amounts of stool from a person with HAV.



Symptoms

You can have HAV for up to 2 weeks without feeling sick, but during that time you may be spreading HAV to others.

Symptoms usually start 2–6 weeks after infection and last less than 2 months. Some people can be sick for up to 6 months.

COMMON SYMPTOMS:

- Stomach pain.
- Nausea and vomiting.
- Yellow skin or eyes (jaundice).

OTHER SYMPTOMS:

- Diarrhea.
- Loss of appetite.
- Joint pain.
- Pale or clay colored stool.
- Fever.
- Tired.
- Dark-colored urine.



Think you're at risk? See your health care provider.

You're at risk if you:

- Are in close contact, care for or live with someone who has HAV.
- Have recently visited a country where HAV is common—or been in close contact with someone who has.
- Are having sex with someone who has HAV.
- Are a man who has had sex with other men.
- Use injection or non-injection drugs.
- Are homeless or in temporary housing.
- Have recently been incarcerated.

Your health care provider:

- Will talk to you about your risks and symptoms.
- May take a blood sample to test you for HAV.

If you have HAV, you will need to:

- Get lots of rest.
- Eat healthy food.
- Drink plenty of fluids.
- Keep all medical appointments with your health care provider.

Stay home from work if you have HAV.

If you have some symptoms and a close friend, relative or roommate who has been diagnosed with HAV in the past 30 days, see a health care provider immediately.

LET YOUR BOSS KNOW:

- You are seeing a health care provider because you have HAV symptoms.
- You have seen a health care provider and that you have HAV.

Prevent the spread of HAV.



Talk to your health care provider about getting vaccinated.

HAV can spread person-to-person from any sexual activity with a person who has HAV—using a condom will not prevent the spread of the virus. People who are sick with HAV should avoid sexual contact. People who are at risk should get vaccinated.

An additional way to help prevent the spread of HAV is to wash your hands with soap and warm water for at least 20 seconds:

BEFORE YOU

- Prepare food.
- Work with food that isn't already packaged.

AFTER YOU

- Touch people or public surfaces.
- Use the restroom.
- Change a diaper.
- Cough, sneeze or use a handkerchief or tissue.
- Use tobacco, eat or drink.



ALCOHOL-BASED HAND SANITIZERS DON'T KILL HAV GERMS!



DON'T SHARE:

Towels, toothbrushes or eating utensils.

DON'T TOUCH:

Food, drinks, drugs or cigarettes that have been handled by a person with HAV.

The HAV vaccine is safe & effective.

- If you're at risk, you should get vaccinated.
- The vaccine is given as 2 shots, 6 months apart. You need both shots for the vaccine to work long-term.
- Contact your local health department if you don't have health insurance at this time and you need help getting a vaccination.

Have questions? Like to learn more?

Contact the Florida Department of Health in Marion County: 352-644-2633
Info.Marion@FLHealth.gov

Learn more: CDC.gov/Hepatitis, Immunize.org/Hepatitis-A



OCALA
Recreation and Parks

REGISTER AT:
WWW.OCALAF.LORG/RECPARK

FOR MORE INFORMATION,
PLEASE CALL (352) 368-5539

FUNTASTIC

After School Program

Mondays - Fridays, 2 to 6 p.m.
Ages 5 to 12
\$60/child per month
Now through May 24, 2019

Includes healthy snacks, homework help, STEAM projects, team sports, arts, crafts, computer access, games & more.
Field trips scheduled every official half-day!

E. D. CROSKY RECREATION CENTER
1510 NW FOURTH ST.

WHAT TO KNOW ABOUT STORING MEDICINE

JUST ONE MINUTE
In ER visits for medicine poisonings, parents often say that they only turned their back for a minute.

CURIOUS CLIMBERS
Research indicates in about half of over-the-counter poisoning cases, the child climbed on a chair, toy or other object to reach medicine.

CHILD-RESISTANT ≠ CHILDPROOF
Research suggests about half of accidental poisonings involved child-resistant packaging.

EVERY 9 MINUTES,
a young child (under age 6) goes to the ER because he/she got into medicine, and

EVERY HOUR,
a young child is hospitalized, and

EVERY 12 DAYS
a young child dies.

THE RISK IS REAL: HOW FAMILIES CAN HELP PROTECT KIDS

- Put all medicine up and away, out of children's reach and sight. Remember to keep visitors' purses, bags and coats out of reach, as they may contain medicine.
- Remember child-resistant packaging is not childproof. So put medicine away immediately after every use, even if you need to give another dose in a few hours.
- Save the Poison Help number – 1-800-222-1222 – in your phone and post it visibly at home so other caregivers can find it in an emergency.

SAFE KIDS WORLDWIDE.

Support provided by Johnson & Johnson Consumer Inc.

Spring Fling

CARNIVAL

SATURDAY, MARCH 23
10:30 A.M. - 2:30 P.M.

E. D. CROSKY RECREATION CENTER
1510 NW FOURTH ST.

Free Event!

THIS FUN-FILLED COMMUNITY EVENT IS OPEN TO THOSE AGES 3+ (CHILDREN UNDER 12 MUST BE ACCOMPANIED BY AN ADULT)

ENJOY MUSIC, CARNIVAL GAMES, WATER ACTIVITIES AND FOOD ON THE LAST DAY OF THE MARION COUNTY PUBLIC SCHOOL SPRING BREAK!

FOR MORE INFORMATION, CALL (352) 368-5517.

OCALA
Recreation and Parks

Ages 5+
Children under 13 must be accompanied by an adult

FIT IN THE PARK:

Yoga at Dusk

Engage in a FREE low-impact, base level exercises designed to decrease stress and promote balance, flexibility and range of motion.

OCALA
Recreation and Parks

Mondays and Thursdays
March 12 - April 18
5:30 to 6:30 p.m.
Webb Field, 1510 NW Fourth St.

Participants will need to bring a blanket, towel or yoga mat.
For more information, call (352) 368-5517.

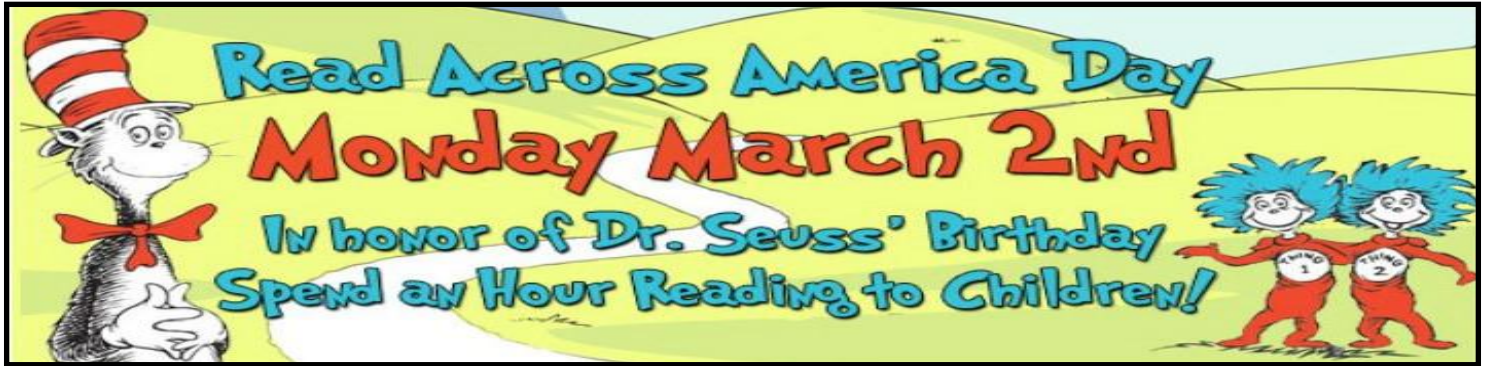


Marion County Children's Alliance

3482 N.W. 10th St., Ocala, FL 34475

Ph: (352) 438-5990 Fax: (352) 438-5994

E-mail: mcca@mcchildrensalliance.org



ALLIANCE WORKGROUP MEETINGS

- | | |
|-----------------------|--|
| March 11
Monday | Family Violence Prevention
11 a.m. Sheriff's Office EOC |
| March 13
Wednesday | Safe Kids
9 a.m. FDOH Auditorium |
| March 18
Monday | CCASA
noon, Ocala Police Dept. |
| March 19
Tuesday | Building Better Dads
2:30 p.m. ELCMC |
| March 7
Thursday | Heroin/Opioid Taskforce
3:30 p.m. OPD Community Rm. |

UPCOMING ALLIANCE DATES

- | | |
|----------------------|--|
| March 6
Wednesday | Alliance Monthly Meeting
11:30 a.m. Jail Interim Building |
|----------------------|--|



Agency Spotlight:

The Pearl Project
Joy Zedler, Executive Director

Guest Speakers:

Dr. James Henningsen
President
College of Central Florida

Hilary Jackson
SADD Advisor
Marion County Children's Alliance

Connect With Us, log on to
Mcca@mcchildrensalliance.org
to view the Calendar to see what's going on in our community; to sign up to receive a free copy of this newsletter or to join a workgroup.

Follow us on Facebook and Twitter