



MARION COUNTY CHILDREN'S ALLIANCE

Website: Mcchildrensalliance.org

Volume 20, Issue 8 ~ September 2020

September 25, 2020

BREAK THE SILENCE ON VIOLENCE

Free Conference

Virtual Conference



Guest Speakers on Family Violence and Substance Use

TRAUMA AND TRIBULATIONS: STRATEGIES FOR HANDLING DOMESTIC VIOLENCE CASES

Dalia Racine
Attorney Advisor
AEquitas

LEGALIZATION OF MARIJUANA - THE IMPACTS

Dale D. Quigley
Deputy Coordinator
High Intensity Drug Trafficking
Area National Marijuana
Initiative

PANEL: HOW COVID-19 HAS IMPACTED DOMESTIC VIOLENCE AND SUBSTANCE ABUSE

Facilitator: Bill Lynch
High Intensity Drug Trafficking
Area Program National Office

REGISTER AT:
<https://btsvirtualconference.eventbrite.com>

The Marion County Children's Alliance Family Violence Prevention Workgroup and Community Council Against Substance Abuse in partnership with the 5th Judicial Circuit invites you to join us for the 20th Annual Break the Silence on Violence Virtual Conference on Friday, September 25, 2020, 9 a.m. to 1 p.m. Additional workshops include:

- Kanice Hoffman, Department of Children and Families Domestic Violence Program and Cynthia Rubenstein, Department of Children and Families Domestic Violence Program will present: *Domestic Violence During the Pandemic.*
- Jo McGuire, High Intensity Drug Trafficking Area (HIDTA) Program National Office will present: *Marijuana in the Workplace: What Every Employer Should Know.*



MARION COUNTY CHILDREN'S ALLIANCE

3482 N.W. 10th St. Ocala, FL 34475 Phone: (352) 438-5990 Fax: (352) 438-5994 www.mcchildrensalliance.org

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Our Vision

For all of Marion County's Children to have a safe, healthy and nurturing environment in which to grow.

Our Mission

"To improve the lives of Marion County Children"

~ Partners in Excellence ~

Barrett, Liner & Company; Brooklyn's Backyard; City of Ocala, Community Coalition Alliance; Cox Communication; Dept. of Children and Families; Dept. of Juvenile Justice; Drug Free Communities; Duke Energy; Florida Blue; Florida Dept. of Health in Marion County; Friends Recycling, LLC; Jenkins Auto Group; Kids Central, Inc.; Marion County Board of County Commissioners; Marion County Hospital District; Marion County Public Schools; Marion County Sheriff's Office; Ocala Police Department; Palmer Family Foundation; Quit Doc; Radiology Associates of Ocala; Renasant Bank; Signature Brands; Tri-Eagle Sales; United Way of Marion County; Wells Fargo Bank

Staff

E-mail: mcca@mcchildrensalliance.org

Executive Director Beth McCall executivedirector@mcchildrensalliance.org
Prevention Coordinator Nancy Castillo Nancy@mcchildrensalliance.org
Family Violence Prevention Coordinator .. Monica Bryant Monica@breakthesilenceonviolence.org
Supporting Kids, Involving Parents (S.K.I.P) Kelley Windham Kelley@mcchildrensalliance.org
Bookkeeper Hilary Jackson Hilary@mcchildrensalliance.org

Notice: The Children's Alliance informs readers of current events in the nonprofit and social service fields. Opinions expressed by the writers are not necessarily those of the Marion County Children's Alliance. Inclusion or exclusion of any agency does not imply either endorsement or disapproval by the Alliance. MCCA reserves the right to edit **ALL** submissions. Information should be e-mailed to Monica@breakthesilenceonviolence.org by the **FIRST** Friday of each month for the following months publication.



*Proud Supporter of the
Marion County Children's Alliance*



2025 SW College Rd • Ocala
www.JenkinsAcura.com



1602 SW College Rd • Ocala
www.OcalaHyundai.com



1740 SW College Rd • Ocala
www.JenkinsMazda.com



2305 SW College Rd • Ocala
www.JenkinsKia.com

NEED TO BE TESTED? NO APPOINTMENT NEEDED!

The Florida Department of Health is providing Covid-19 testing at the Southeastern Livestock Pavilion, 2232 NE Jacksonville Road, Ocala.

Appointments are NOT required. People will be tested on a first-come, first-served basis.



Testing will be held each Tuesday, Wednesday and Thursday from 8 a.m. to 10 am. at the Livestock Pavilion. People who would like to be tested can line their vehicles up starting at 7:30 a.m. on each testing day. Testing will run through 10 a.m. or until the day's available samples are gone, whichever comes first. To be tested, individuals should bring a valid photo ID; minors under age 18 will only be tested if they are accompanied by a parent or legal guardian.

People should be prepared to stay in their vehicles while waiting for testing; restroom facilities will not be available. Only people who are being tested should be in the vehicle, with the exception of parents, guardians or caregivers. No pets are permitted in the vehicle during tests. For more information on testing, call the Marion County COVID-19 Hotline at **(352) 644-2590**.

TOWN HALL MEETING

September 8, 2020

6 p.m. to 8 p.m.
Ed Croskey Center
1510 N.W. 4th St.,
Ocala, FL 34475

All candidates recently elected in 2020 and candidates running in the November election are invited to attend.

Please Join Us

Governor's West Ocala Neighborhood Revitalization Council

invites residents to attend this town hall meeting to hear Wesley Wilcox discuss election updates, voter registration deadlines, information on restoration of rights for felons and voter turnout.

Meet Sandra Wilson, the new City Manager, and hear her vision for the City of Ocala and learn more about current projects and revitalization efforts happening in West Ocala.

**Are you registered?
Attendees can register to
vote or update their voter
registration card at the event.**



Social distancing guidelines will be followed during this event. Masks will be available and attendees will be encouraged to wear them.
Seating is limited.

~ GUEST SPEAKERS ~



WESLEY WILCOX
SUPERVISOR OF ELECTIONS



SANDRA WILSON
CITY MANAGER

GOVERNOR'S WEST
OCALA NEIGHBORHOOD
REVITALIZATION COUNCIL



P.O. BOX 3881
OCALA, FL 34478

GWONRC@OUTLOOK.COM

MCCA IS INVITING YOU TO A ZOOM MEETING

Join Us!

for the next Alliance Meeting
Wednesday, September 2, 2020 at 11:30 a.m.

Agenda:

Welcome

Beth McCall, Executive Director, Marion County Children's Alliance

Director's Report:

Beth McCall

Agency Spotlight:

20th Annual Break the Silence on Violence Conference sponsored by the Family Violence Prevention Workgroup and Community Council Against Substance Abuse in partnership with the 5th Judicial Circuit

Guest Speaker:

Karla Grimsley, Executive Director, Interfaith Emergency Services
"Update on Human Services in the Covid-19 Era!"

Round Table: (Upcoming Announcements and Events)

Join Zoom Meeting

<https://zoom.us/j/99555580256>

Meeting ID: **995 5558 0256**

Find your local number:

<https://zoom.us/u/achCYAJdMd>



BOWLERS AND SPONSORS STILL NEEDED



**THURSDAY
SEPTEMBER 24TH**

5:30-8PM

CHECK IN: 4:30-5:15PM

**AMF Galaxy West Lanes
1818 SW 17th St. Ocala**

\$25

PER BOWLER

**MINIMUM OF 4 PLAYERS
PER LANE (6 MAX)**

**REGISTRATION INCLUDES
SHOES & 2 GAMES**

**SPONSORSHIP
OPPORTUNITIES
AVAILABLE!**

Celebrating Our **10 Year Anniversary**

SILENT AUCTION-GAMES-AWARDS-& MORE!

**FOR MORE INFO, CONTACT TORI AT 352-351-4663 OR
EMAIL AT TARENS@HABITATOCALA.ORG**

HABITATOCALA.ORG/BOWLATHON

ALL PROCEEDS BENEFIT HABITAT FOR HUMANITY OF MARION COUNTY

GRAND OPENING/RIBBON CUTTING POSTPONED



We have closely continued to monitor our county's COVID-19 numbers to make an informed and safe decision regarding our **Grand Opening/Ribbon Cutting event**. As we continue to see the number rise, in the best interest of all, **regretfully we have decided to postpone the event**.

As a healthcare leader our mission is to keep our community healthy and safe, due to this we feel this decision is the right choice.

We look forward in the near future to having you all as our special guests to celebrate with us Marion County's One-Stop Health Center!

Please continue to stay well and we will see you soon!

My Family, My Healthcare, My Center.
352.732.6599 • www.MyHFHC.com



~ COVID-19 RELIEF FUNDS AVAILABLE ~



MEDIA CONTACT:
Jessica Nisbett
Director of Resource Development
jnisbett@uwmc.org
Cell: 352-454-8793

United Way of Marion County Receives Coronavirus Relief Funds Made Available Through the CARES Act and Marion County Government.

OCALA, Fla. (August 13, 2020) – In response to the Coronavirus pandemic, United Way of Marion County received over \$1.5 million in CARES Act funds from Marion County to support individuals/families who have been impacted by COVID-19.

Specifically for residents of Marion County, the Coronavirus Relief Funds provide rent, mortgage and utility assistance to help support those community members who have been financially impacted by COVID-19. To be eligible to receive assistance, residents must be directly impacted by a loss or reduction of income as a result of the COVID-19 pandemic and will be required to meet with a United Way case manager to determine eligibility. Households are eligible to receive assistance for financial obligations incurred from March 1, 2020 to December 30, 2020.

For those seeking assistance, residents can contact United Way of Marion County's 211 Information and Referral Crisis Line by dialing 2-1-1 or chat online at uwmc.org/211 starting Wednesday, August 19th. Residents may also access and submit their applications online by visiting UWMC.org/CRF. Applicants will be asked to meet with their case manager at CareerSource of Citrus Levy Marion, by appointment only.

Under terms of the grant from Marion County Government, residents must: 1) reside within Marion County limits, 2) indicate hardship due to the COVID-19 pandemic with inability to pay rent, mortgage or utility assistance, 3) have a valid form of I.D., and 4) have the ability to meet in-person with a case manager to verify identification and present documentation (i.e. bill information, bank statements). Qualifying individuals/families are urged to apply.

Funds are available on a first come, first served basis, and are required to be distributed by December 30, 2020.

* * *

The United Way of Marion County is a locally governed not-for-profit organization who works to create a thriving community where adults and children achieve their full potential with access to a solid education, good health, and financially stable households. We have been a Community Solutions partner for over 59 years as we collaborate with local businesses and other non-profits to create a positive and sustainable impact in our community. We strategically invest in effective programs and services that solve complex issues, bettering the community for all. For more information, visit: www.UWMC.org.

~ AGENCY SPOTLIGHT ~

Bays Florida

1539 N.E. 22nd Ave., Ocala, FL 34470

CEO/Executive Director: Robert Patterson

Phone: (352) 622-2971

Fax: (352) 622-4294

Email: Monique.Allen@baysflorida.org **Website:** Baysflorida.org



Mission: To provide diversion services to juveniles. Bays works in partnership with individuals, families and communities to inspire change, growth and success as they believe in the value and worth of all people and their ability to change, grow and succeed.

Clients Served: Bays has provided services to more than 75,000 families.

Clients Served: In Circuit 5, the organization collaborates with the following: Ocala Consulting and Prevention, DJJ, ITM, Chrysalis, The Centers, PACE, Progressus, Marion Technical College and many more.

Clients Served: Bays provides juvenile diversion services from 60 to 120 days for youth who have been court-ordered to attend. Juveniles must be 17 years of age or younger at the time they committed the offense.



Help Me Grow[®] Florida

Help Me Grow[®] Florida

is a **FREE** over-the-phone resource that helps connect children, families, and caregivers with local services and supports to help them thrive.

- Answer any questions and concerns about your child's development
- Guide you through our free developmental and behavioral screenings
- Provide parenting tips, activities, and other useful information
- Follow-up support to ensure your child receives the right services

Interested in Help Me Grow?

Is your child:

- A Florida resident?
- Between the ages of birth through eight?

Call **2.1.1**
Get Connected. Get Help.™

and ask for Help Me Grow!



ELCMC Early Learning
Coalition
of Pinellas County, Inc.
TONYA COX
Help Me Grow Care Coordinator
352-369-2315 E.225

www.helpmegrowfl.org

@HelpMeGrowFlorida @HelpMeGrowFlorida @HelpMeGrowFL

Did You Know...

skills like standing up, scribbling, babbling, and pointing to body parts are developmental milestones?

Children reach many developmental milestones in their early years!



Flip this page over for a quick glance at some of these important milestones!

COMMUNITY COUNCIL AGAINST SUBSTANCE ABUSE
(CCASA)

Highlights:

RALITM

Florida

Rx Abuse Leadership Initiative



FREE

CCASA received 3,000 Deterra bags (safe disposal) from RALI and CCA. Please contact Nancy Castillo at 852-434-6916 or nancy@rechildreliance.org for your free bag.



DETERRA

As substance use rises in our country, it's become as important as ever to safely and responsibly dispose of unused prescription medications. Recent studies suggest that over 40% of all prescribed medications are disposed of improperly. Due to environmental pollution concerns, it is no longer safe to dispose of these drugs down the drain, in the toilet, or in the garbage. That means the responsibility is on the owner to dispose these drugs at drug take back programs, or risk leaving them in medicine cabinets where children and teens can often get to them.

Deterra's at-home chemical neutralization system works safely to deactivate the medications by a proprietary activated carbon system. Activated carbon is used extensively in municipal water purification, and is recognized as a universal adsorbent for chemicals in solution. Deterra bag deactivates 45 pills, 6 oz. liquid, or 6 patches.

SOCIAL MOTION CLUB



Social Motion Club is a program for special needs adults that runs from September to May and offers hands-on experiences through a wide variety of activities like

- Exercise
- Creative & expressive arts
- Cooking & baking
- Life & social skills
- Nature & horticulture therapy
- Community outings
- Speakers and more

Special Needs Adult Activities

For more information about getting involved, call 352-433-7626



A Fundraiser Sponsored By



Registration: 7:00 am to 8:00 am
Tournament Begins at 8:00 am
Lunch and Awards Ceremony Follows

\$60 | **\$240**
ONE PLAYER | FOURSOME



Ocala Golf Course
3130 E. Silver Springs Blvd.
Ocala, FL 34470



Call Reginald Landers, Jr.
352 - 207 - 1996

Every word you say builds your child's brain

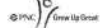


Research shows that children do better in school when their parents talk and interact with them from birth. Make the most of your time together by using the **3Ts**.

- Tune In:** Be in the moment.
- Talk More:** Use a wide variety of words.
- Take Turns:** Engage your child in conversation.

When you use all **3Ts** at once, you build the strongest possible brain for your child.

For more tips and tools, sign up for the free app at the3Ts.org!



Tips + Tools at the3Ts.org

SIGN UP FOR THE WEAR YOUR WINGS VIRTUAL 5K DOMESTIC VIOLENCE RUN/WALK

Run, Walk or choose your activity and complete your 5K (3.1 miles)
ANYTIME between October 1 and October 9 and submit your time by



October 10, 2020



FREE T-shirt with Registration. Finisher Medal to the
First 150 participants who enter their time! Register at
<https://wearyourwings5kvirtualrunwalk.itsyourrace.com>

REGISTRATION FEE:

\$30 (if you pick up your T-shirt)
Monday, October 5, Alliance Office
3482 N.W. 10th Street, Ocala 34475
Anytime between 9 a.m. to 6 p.m.

\$35 (If your T-shirt is mailed to you)

\$25 for groups of 10 or more
Add \$5 per person to mail shirts
*Groups must register together



Sponsorship Opportunities Available at:
<https://wearyourwingsdvrn.eventbrite.com>



Proceeds provide resources and services and emergency shelter for victims and survivors of domestic violence.

For more information, call (352) 438-5993 or
e-mail Monica@breakthesilenceonviolence.org



College of Central Florida does not discriminate against any person on the basis of race, color, ethnicity, religion, gender, pregnancy, age, marital status, national origin, genetic information or disability status in its programs, activities and employment. For inquiries regarding nondiscrimination policies contact Equity Officer, Ocala Campus, Ewers Century Center, Room 201C, 3001 S.W. College Road, 352-854-2322, ext. 1437, or smithc@cf.edu.

TEST POSITIVE FOR COVID-19? HERE'S WHAT YOU NEED TO KNOW.

As the community continues to see cases increase, the Department of Health in Marion County wants to re-share key things someone who is newly diagnosed with COVID-19 should know in the days and weeks after their diagnosis.



Isolating at home

- Stay in one room, away from others in your household, including pets.
- Have sole use of a bathroom.
- Wear a cloth face covering.
- Don't share personal household items like cups, utensils and towels.

At-home care

- Keep track of any symptoms, and check your temperature twice daily.
- Watch for common symptoms: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.
- Be alert for severe symptoms: trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, or bluish lips or face.
- Call your doctor or health care provider if your symptoms get worse.
- Ask your doctor or health care provider about pain and fever medication.
- Get rest and stay hydrated.
- Visit <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html> for more information.

Public health staff will ask you about close contacts

Over a number of days, staff will monitor you and your contacts. This is called contact tracing, and it's a core public health function that helps stop the spread of the disease.

Timeline for stopping self-isolation

- You tested positive with symptoms

-- At least 10 days have passed since your symptoms first appeared

AND

-- At least 24 hours have passed since you've had a fever without using fever-reducing medications, and other symptoms have improved.

- You tested positive without symptoms

-- At least 10 days have passed since the day you were tested, and you have no symptoms.

Source: Florida Department of Health



POWERED BY THE MINDS AT CHILD DEVELOPMENT INSTITUTE

STOP NOW AND PLAN

A Free Early Intervention Program for Boys & Girls

SNAP is for children who are having problems with aggressive, antisocial behaviors that get them into trouble at home, school and the community.

SNAP groups are gender specific for either boys or girls ages 6 to 11.

SNAP groups use a cognitive behavioral model to teach self-control, problem solving and emotional self-regulation skills.

SNAPP (parenting) groups teach parents effective child management strategies.

SNAP includes one on one and family counseling/ support, school advocacy and referral for additional services if needed.

SNAP groups are fun, supportive and effective.

Call: 352-622-4432 or email: snap@arnettehouse.org for start dates, additional information and referral forms.



**Program Services
Are Free and
consist of 13
weekly**

90 Minute Sessions

**SNAP Groups are
for boys & girls**

6 to 11 years old

**Sessions currently
take place on Zoom.
Families participate
via phone, tablet,
laptop or desktop
computer with web
cam.**

CONTACT:

TOSHI, DONNA OR NILDA

352-622-4432
2310 NE 24th Street
Ocala, FL 34471

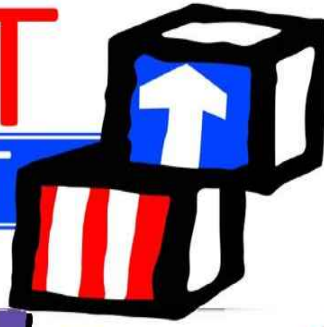
snap@arnettehouse.org

**For referral and information
on dates and times.**

HEAD START

& EARLY HEAD START

@ Episcopal Children's Services



Apply Now

Spaces Is Limited for

Head Start & Early Head Start

We also offer **FREE VPKI!**



Apply online

www.ecs4kids.org

FREE CHILD CARE from birth to 5yrs old in Alachua, Baker, Bradford, Citrus, Clay, Duval, Gilchrist, Lake, Levy, Marion & Nassau counties!

Free High Quality Early Education & Family Support Services

We provide comprehensive services to more than two thousand children each year!

- We support learning through play
- We promote language development
- We encourage early math & science concepts
- We promote physical development
- We provide hearing, vision & behavioral screenings
- We promote medical & dental services
- We collaborate with community agencies
- We help families with assistance
- We help families identify & reach goals



Apply online

www.ecs4kids.org



Thelma Griffith Center EHS
Lic. #C05MA0178
1601 NE 25th Ave. #1000
Ocala, FL 34470
Tel. 352.547.8070

FREE CHILD CARE from birth to 5yrs. old!

Boyton HS
Lic. #C05MA0175
1701 NW 10th St.
Ocala, FL 34475
Tel. 352.547.8017

Fessenden HS
Lic. #C05MA0177
4200 NW 89th Pl.
Ocala, FL 34482
Tel. 352.620.0875

Howard Academy HS
Lic. #C05MA0174
306 NW 7th Ave. Bldg. 3
Ocala, FL 34475
Tel. 352.547.8083

Skylark HS/EHS
Lic. #C05MA0183
1601 NE 25th Ave. #900
Ocala, FL 34470
Tel. 352.512.9027

Reddick HS
Lic. #C05MA0176
4595 W HWY. 316
Reddick, FL 32686
Tel. 352.591.0634



Healthy Families Florida™

What is Healthy Families Florida?

Healthy Families Florida (HFF) programs provide free, voluntary parent coaching and support services that increase the knowledge and skills of parents so their children can grow up healthy, safe, nurtured and ready to succeed in life. Community-based programs combine to form the nationally accredited HFF statewide program which is proven to prevent child abuse and neglect before it ever starts. Parent coaching and support is more frequent in the beginning and tapers off as the family becomes more stable and self-sufficient. Services can last up to five years, depending on the needs of the family.

When Should I Make a Referral to Healthy Families Florida?

A referral can be made if the family:

- Is expecting a baby or has a newborn less than three months old
- Has an open investigation
- Is receiving case management services
- Has had prior involvement in the system and the case was closed

Because this is a voluntary program, HFF cannot replace mandated services in situations where a case would have been opened or would remain open if HFF was not involved.

How do I make a referral to Healthy Families Florida?

Please complete the Healthy Families Florida Referral Form on the back of this page and send it to our secure fax: **352.732.1718**

HealthyFamiliesFla.org



Healthy Families
America™ — AFFILIATE —





Healthy Families Florida

Partner Referral Form

When filling out this form, please collect as much information as possible to ensure Healthy Families Florida can connect with the family quickly and effectively.

Mother's full name: _____

Address: _____

County where services will be provided: _____

Best Phone Number: _____

Alternate Phone Number: _____

Email address: _____

Father's full name: _____

Address: _____

Best Phone Number: _____

Alternate Phone Number: _____

Email address: _____

I acknowledge I have spoken to each person named above and they have agreed to accept a referral to Healthy Families Florida. Each person named above understands the information on this sheet will be shared with Healthy Families Florida over a secure fax line. Each person named above understands a representative of Healthy Families Florida will contact them to collect further information and assess for suitable services.

Partner's Signature

Date Signed

Partner's Printed Name

Partner's Phone Number

How do I make a referral to Healthy Families Florida?

Please complete the Referral Form above and fax to our secure fax **352.732.1718**. Call (850) 488-1752 or visit www.healthyfamiliesfla.org/programs_map.html if you need the contact information for your local HFF project.

DO YOU BELIEVE IN SANTA? HELP MAKE CHRISTMAS BRIGHT FOR KIDS



Believe in Santa Foundation Virtual CoZzy Comfy Bed Sheet Fundraiser Only \$40 Per Set - 1800 Thread Count



\$40 ANY SIZE (except Split Kings - \$60)

XL Twin, Twin, Full, Queen, King,
California King, and Split King

INSTRUCTIONS FOR ORDERING:

1. Go to www.CoZzyComfy.com/online-store
2. Choose our online code: **Believe in Santa 1 - 2020**
3. Choose to have your order shipped directly to you.

ORDER BY: Sept 30th

**For every set purchased, \$10 will be donated to the
Believe in Santa Foundation!!!!**



Super soft microfiber material that feels like Egyptian Cotton
Sizes: Twin, Extra-Long Twin, Full, Queen, King, California King, and Split King
Anti-pilling, Wrinkle Resistant, Breathable, Double-Brushed
EXTRA deep 18-inch pockets to fit most pillow top mattresses
100% Money-Back Satisfaction Guaranteed

Please feel free to contact our Account Manager with questions.
Penny Dawson at Penny@CoZzyComfy.com or 630.809.2180



Marion Therapeutic Riding Association
would like to invite you to

The MTRA Holiday Market

2ND ANNUAL HOLIDAY MARKET FEATURING
LOCAL ARTS, CRAFTS, CAR SHOW, LIVE DJ,
FOOD, GAMES, & PHOTO BOOTH



11.28.2021 | 10am to 3pm | MTRA
6850 SE 41st Ct, Ocala, FL 34480
(352) 732-7300
development@mtraocala.org



Save the
Date

**MARION THERAPEUTIC RIDING
ASSOCIATION PRESENTS**

MTRA 5K GALLOP A VIRTUAL EVENT

A 'virtual run' is an event that you can run, walk, swim, paddle, bike, ride, mow, or chacha slide your way through ANYWHERE and at any pace. Register online and then complete the 5K all at once or over multiple sessions – YOU'RE A WINNER – and you are 'virtually' supporting children and adults with physical, cognitive, and emotional challenges!

SEPTEMBER 5, 2020 - OCTOBER 3, 2020
ONLINE REGISTRATION OPENS SEPTEMBER 4TH!

For more information, call MTRA at (352) 732-7300
or email development@mtraocala.org today!

SEPTEMBER IS SUICIDE PREVENTION MONTH

The Lifeline
is **FREE**,
confidential, and
always available.

HELP
a loved one,
a friend,
or yourself.

Community crisis centers
answer Lifeline calls.



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
www.samhsa.gov

Printed 2005 • Reprinted 2011
CMHS-SVP-0126

NATIONAL
SUICIDE
PREVENTION
LIFELINETM

1-800-273-TALK (8255)

suicidepreventionlifeline.org

**Learn the
Warning
Signs.**

Suicide Warning Signs

These signs may mean someone is at risk for suicide. Risk is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change.

- ❖ Talking about wanting to die or to kill oneself.
- ❖ Looking for a way to kill oneself, such as searching online or buying a gun.
- ❖ Talking about feeling hopeless or having no reason to live.
- ❖ Talking about feeling trapped or in unbearable pain.
- ❖ Talking about being a burden to others.
- ❖ Increasing the use of alcohol or drugs.
- ❖ Acting anxious or agitated; behaving recklessly.
- ❖ Sleeping too little or too much.
- ❖ Withdrawing or feeling isolated.
- ❖ Showing rage or talking about seeking revenge.
- ❖ Displaying extreme mood swings.

Suicide Is Preventable.

Call the Lifeline at 1-800-273-TALK (8255).

With Help Comes Hope

SAVE THE DATE

2nd Annual

Sporting Clay Shootout Blackjack Sporting Clays

3372 County Road 526 • Sumterville, FL 33585

October 16, 2020

FOR MORE INFORMATION

Contact April McDonald

april@projecthopeocala.org



*Project
Hope*



STAY TUNED FOR MORE DETAILS!

www.blackjackclays.com

Discover your **superpowers**.
Become a **Girl Scout** volunteer.

Prepare her for a lifetime of leadership, and be the mentor she needs.

As a volunteer, you'll introduce girls to new experiences that show them they're capable of more than they ever imagined.

You'll be their cheerleader, guide, and mentor, helping them develop essential life skills and confidence that will last a lifetime. Imagine the excitement, the impact, and the memories made—those are the moments you'll share at Girl Scouts.

Embark on an extraordinary journey of Leadership!

To learn more, visit gswcf.org/volunteer or call 813-881-GIRL.


girl scouts
of west central florida



Marion County **HEROIN OPIOID** **TASK FORCE**

"What you don't know, may kill you!"

We would like to invite you to participate in Marion County's first Recovery Community Visioning Meeting on September 3, 2020 at 3:30 PM via zoom.

Join the meeting at:
<https://us02web.zoom.us/j/82578037874>.

Meeting ID: 825 7803 7874.

One tap mobile:

+13126266799,,82578037874# US (Chicago)
+16465588656,,82578037874# US (New York)


KIDS CENTRAL, INC.
Ocala Family Resource Center



Advocates For Change



We are living in uncertain times. Now more than ever we need others to join in and advocate for those children and families in our community that are the most vulnerable.

Do you want to make a difference in your community?

Please join our monthly workgroup meeting and help to plan community events and services that will assist in advocacy for the children and families that live in our community.

Join us to make a difference in your community and have your voice heard.

Meetings are held on the last Tuesday of every month via Zoom from 2pm to 3pm.



If you are interested, please reach out to Melissa Casto at 352-233-6642 or Melissa.Castoe@KidsCentralInc.org

Ocala Family Resource Center, 215 NW Martin Luther King Jr. Ave, Ocala, FL 34471

Save the Date!



October 20, 2020

All Marion County nonprofits need to be a part of this exciting event. Go to www.give4marion.org and click Apply Now

For questions or more information, call the office at (352) 622-5020 ext. 102



GREAT HOLIDAY FINDS!

MTRA'S 2ND ANNUAL HOLIDAY ARTS & CRAFTS MARKET

Arts & Crafts Vendors & Select Direct Sales Vendors

Food, Live DJ, Games & Activities, Holiday Photo
Booth, & Car Show

NOVEMBER 28, 2020

10 AM - 3 PM

MARION THERAPEUTIC RIDING ASSOCIATION

6850 SE 41ST CT

OCALA, FL 34480

**Cramming your Christmas shopping? No problem.
The Holiday Arts & Crafts Market has everything you
need, from gifts and decor, to food and more!**

**Contact development@mtraocala.org
or call (352) 732-7300 to register!**

**Proceeds to Benefit:
Marion Therapeutic Riding Association
A 501(c)3 Non-Profit Premier Accredited Center**



Marion County Children's Alliance

3482 N.W. 10th St., Ocala, FL 34475

Ph: (352) 438-5990 Fax: (352) 438-5994

E-mail: mcca@mcchildrensalliance.org



Labor Day is a federal holiday in the United States celebrated on the first Monday in September to honor and recognize the American labor movement and the works and contributions of laborers to the development and achievements of the United States.

ALLIANCE WORKGROUP MEETINGS

- September 9** Safe Kids (**NO MEETING**)
Wednesday 9 a.m. FDOH Auditorium
- September 14** Family Violence Prevention
Monday This will be a **Zoom** Meeting
- September 21** CCASA
Monday This will be a **Zoom** meeting
- September 29** SEN
Tuesday 9 a.m.
This will be a Zoom Meeting
- September 3** Heroin/Opioid Taskforce
Thursday 3:30 p.m. Zoom meeting

All meetings are open to the public.

Connect With Us, log on to

Mcca@mcchildrensalliance.org
to view the Calendar to see what's going on in our community; to sign up to receive a free copy of this newsletter or to join a workgroup.

Follow us on Facebook and Twitter

UPCOMING ALLIANCE DATES

- September 2 Alliance Monthly Meeting
Wednesday 11:30 a.m.
This will be a Zoom Meeting
See **Page 5** for Zoom link

Agency Spotlight:

Marion County Children's Alliance

Monica Bryant & Nancy Castillo

20th Annual Break the Silence
on Violence "Virtual" Conference

Guest Speaker:

Karla Grimsley

**Executive Director,
Interfaith Emergency Services
"Update on Human Services
in the Covid-19 Era!"**